



CROSS COUNTRY BC

Cross Country Canada – B.C. Division

Minutes and Reports

of the

Annual General Meeting

held

May 05, 2013

at

100 Mile House, BC



CROSS COUNTRY BC
MINUTES AND REPORTS OF THE
CROSS COUNTRY BC ANNUAL GENERAL MEETING
108 MILE HOUSE, BC – May 5, 2013

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Cross Country BC

ANNUAL GENERAL MEETING

Notice is hereby given of the

Annual General Meeting

of Cross Country BC

to be held at

**The Hills Health Ranch
Conference Centre
108 Mile, British Columbia**

Sunday, May 5, 2013

The meeting will commence at 1:00 PM



Cross Country BC

**ANNUAL GENERAL MEETING
100 Mile House, BC May 5, 2013**

AGENDA

- 1. CHAIRPERSONS OPENING REMARKS**
- 2. INTRODUCTION OF CLUB DELEGATES**
- 3. ADOPTION OF AGENDA**
- 4. ACCEPTANCE OF THE 2012 AGM MINUTES**
Kamloops, May 6th, 2012
- 5. BUSINESS ARISING FROM THE MINUTES**
- 6. CROSS COUNTRY BC CHAIRPERSON REPORT**
- 7. FINANCIAL REPORT**
 - 7.1 Financial Statement 2012-13
 - 7.2 Budget 2013-14
 - 7.3 Cross Country BC Auditor for: 2013-14
- 8. OTHER BUSINESS**
 - 8.1 Athlete of the Year Awards
 - 8.2 Date of 2014 CCBC AGM
- 9. ELECTION OF OFFICERS**
 - 9.1 Chairperson
 - 9.2 Vice-Chairperson
 - 9.3 Treasurer



CROSS COUNTRY BC
Minutes of the
CROSS COUNTRY BC
ANNUAL GENERAL MEETING
100 Mile House, BC. May 5, 2013

The meeting was brought to order at 1:00 p.m. The following were present:

Jim Burbee	CCBC Northern Zone Chair/Caledonia Nordic Ski Club
Glen Davidson	CCBC Treasurer/Williams Lake Cross Country Ski Club
Georgia Manhard	CCBC Coaching Development Chair/100 Mile Nordics
Theresa Korobanik	Sovereign Lake Nordic Club
Suki Cheyne	Whistler Nordic Ski Club
Roger Pratt	CCBC Kootenay Zone Chair/Nelson Nordic Ski Club
Nicola Maughn	100 Mile Nordic Ski Society
Paul Sicotte	Sun Peaks Nordic Club
Phil Youwe	Sun Peaks Nordic Club
Anne Nicholson	Sun Peaks Nordic Club
Kevin Pettersen	Caledonia Nordic Ski Club
Margot Murdoch	Whistler Nordic Ski Club
Sherryl Yeager	Nordic Racers
Gunnar Rasmussen	Sun Peaks Nordic Club
Hanne Madsen	Sun Peaks Nordic Club
Magi Scallion	CCBC Marketing Coordinator
Verna Wagner	CCBC Program Coordinator
Erin Foss	CCBC Technical Coordinator

Also in attendance at the Club Development Workshop on Saturday, 4th May were:

Alex Woods	Bulkley Valley Cross Country Ski Club
Megan Lohmann	Fernie Nordic Society
Matt Jeffries	CCC Director of Business Development
Colleen Rob	100 Mile Nordic Ski Society
Lauren Bock	100 Mile Nordic Ski Society
Kirsty Gartshore	Williams Lake Cross Country Ski Club

1. CHAIRPERSONS OPENING REMARKS

Jim Burbee welcomed everyone to the meeting.

2. INTRODUCTION OF CLUB DELEGATES

3. ADOPTION OF AGENDA

Motion: *"That the agenda be accepted as distributed"*.

Suki Cheyne / Glen Davidson

Carried

4. ACCEPTANCE OF MINUTES FROM THE 2012 AGM, 100 MILE HOUSE (May 6, 2012)

Motion: *"That the minutes of the 2012 AGM in 100 Mile House be accepted as presented"*.

Sherryl Yeager / Roger Pratt

Carried

5. BUSINESS ARISING FROM THE MINUTES

None

6. FINANCIAL REPORT

6.1 The 2012-13 Financial Statement was presented to the meeting.

6.2 The 2013-14 Budget was presented to the meeting.

6.3 Auditor:

Motion: *"That KPMG be retained as CCBC Auditor for 2013-14"*.

Paul Sicotte / Kevin Pettersen

Carried

The 2012-13 Auditors Report, 2012-13 Financial Statements, and 2013-14 Budget are included with these AGM Minutes and Reports.

7. OTHER BUSINESS

7.1 CCBC Club Development Workshop and Annual General Meeting

The date and location of the 2014 CDW and AGM will be May 4-5, 2014 in Kamloops, BC..

7.2 Volunteer Awards

Margot Murdoch and Sherryl Yeager were recognized by CCBC and CCC for their hard work and dedication in the successful hosting of the 2013 Haywood Ski Nationals at Whistler Olympic Park, Callaghan Valley

7.3 Athlete of the Year Awards

Male Athlete of the Year: **Matthew Wylie (Sovereign Lake Nordic Club)**
Female Athlete of the Year: **Alysson Marshall (Larch Hills Nordic Society)**

8. ELECTION OF OFFICERS

The elections were conducted by Georgia Manhard.

The following members were elected by acclamation to serve as officers of Cross Country BC for 2013-14.

Chairperson:	Mark Richards
Vice Chairperson:	Wanda Nemethy
Treasurer:	Glen Davidson

9. ADJORNMENT

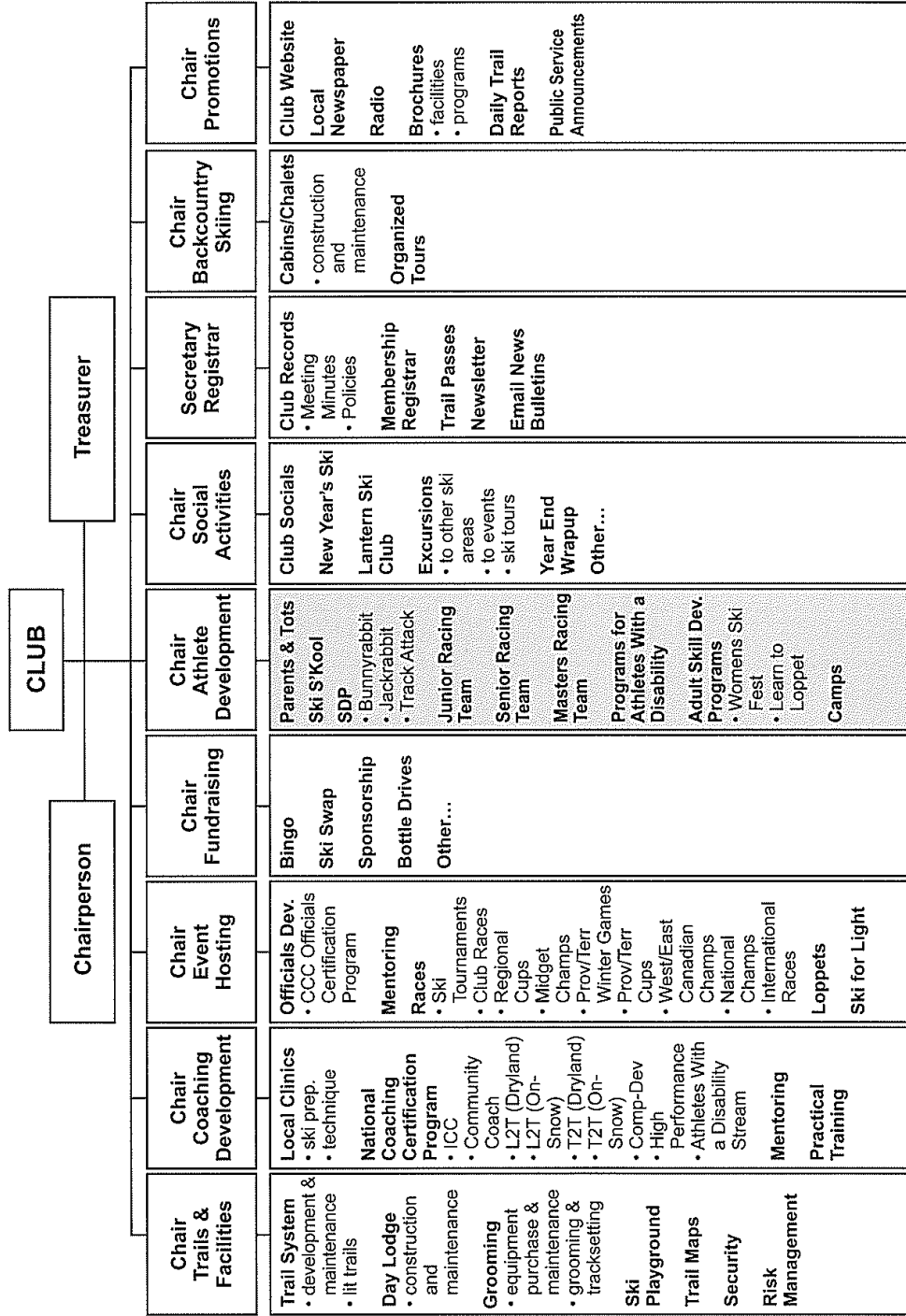
Adjourned: 1:40 p.m.

2012-13
YEAR END REPORT



Cross Country BC
Club Development

8.3.1 Example Full Service Club Infrastructure





Membership Report 2012-13 Season

<u>Name of Club</u>	<u>04-05</u>	<u>05-06</u>	<u>06-07</u>	<u>07-08</u>	<u>08-09</u>	<u>09-10</u>	<u>10-11</u>	<u>11-12</u>	<u>12-13</u>
Arrow Lakes CC Ski Club	32	20	44	28	33	24	35	29	28
Bear Mountain CC Ski Club	51	38	61	78	80	133	132	106	145
Black Jack CC Ski Club	574	642	581	503	577	633	719	617	678
Bulkley Valley CC Ski Club	596	574	664	637	675	720	698	702	638
Caledonia Nordic Ski Club	939	966	1146	1236	1433	1592	1623	1618	1822
Callaghan Valley CC Ski Club	0	0	0	10	10	10	10	10	10
Cariboo Ski Touring Club	285	261	323	390	362	414	404	402	473
Castlegar Nordic Ski Club	569	527	551	474	453	525	657	657	707
China Ridge CC Ski Assoc.	49	45	25	36	59	92	87	87	100
Clinton Snow Jockey Club	15	11	15	16	15	21	25	15	10
Dunster Jackrabbits	10	10	12	0	0	0	0	0	0
Elkford Nordic Ski Club	66	76	54	57	54	39	39	33	28
Fernie Nordic Society	0	0	220	206	175	142	145	219	341
Fort Nelson CC Ski Club	61	48	56	42	55	73	32	46	76
Golden Nordic Ski Club	214	191	260	359	399	501	561	471	503
Highland Valley Outdoor Ass'n	10	15	42	28	24	21	10	10	31
Hills Nordic Ski Club	10	10	16	10	10	10	15	42	39
Hollyburn CC Ski Club	604	576	542	537	488	522	540	550	600
Kaslo Nordic Club	0	0	0	0	0	0	0	10	81
Kimberley Nordic Ski Club	354	408	356	379	369	618	753	926	1020
Kwadacha Ski Club	62	0	0	0	0	0	0	0	0
Larch Hills Ski Club	911	889	916	931	969	982	868	946	975
Mackenzie Nordiques	216	228	173	230	141	120	150	133	143
McKinney Nordic Ski Club	19	46	49	43	49	49	45	41	48
Morice Mountain Nordic Ski Club	105	82	115	107	201	209	170	141	225
Murray Ridge Nordic Ski Club	19	0	14	13	0	0	0	0	0
Nechako Nordics	41	58	61	49	54	73	64	65	69
Nelson Nordic Ski Club	805	761	748	756	744	768	673	702	705
Nickel Plate Cross Country Ski Club	516	493	510	567	513	552	626	617	611
Nordic Racers	196	216	243	277	278	241	319	320	368
Nordic Wrecks	212	220	190	170	155	138	132	97	121
North Thompson Rec Society	56	53	53	48	60	53	29	14	24
Omineca Ski Club	238	271	303	322	300	319	260	277	273

<u>Name of Club</u>	<u>04-05</u>	<u>05-06</u>	<u>06-07</u>	<u>07-08</u>	<u>08-09</u>	<u>09-10</u>	<u>10-11</u>	<u>11-12</u>	<u>12-13</u>
100 Mile Nordic Ski Society	126	158	104	92	87	100	159	157	140
Overlander Ski Club	563	585	616	531	448	524	575	516	538
Revelstoke CC Ski Club	340	271	349	353	332	356	459	492	499
Skmana Ski Club	15	26	42	39	57	39	86	97	80
Snow Valley Nordic Ski Club	148	103	139	176	199	251	301	360	343
Sovereign Lake Nordic Club	1745	1727	1676	1639	1458	1430	1606	1673	1594
Spud Valley Jackrabbits	74	56	79	53	85	100	116	106	89
Squamish Nordic Club	0	0	0	209	143	54	65	78	111
Stikine Nordic CC Ski Club	0	0	20	25	15	0	0	0	0
Strathcona Nordic Ski Club	448	431	466	512	466	406	402	431	490
Sun Peaks Nordic Club	0	0	0	0	0	0	0	0	153
Sunset Ridge Ski Society	14	30	56	40	24	16	10	29	10
Telemark Nordic Club	903	889	933	891	963	939	1003	994	988
Tetrahedron Outdoor Club	12	0	0	0	35	209	225	230	236
Toby Creek CC Ski Club	71	72	87	84	93	223	213	156	165
Topley Jackrabbits	40	40	26	0	0	0	0	0	0
UBC Nordic Ski Club	24	13	14	13	10	10	11	10	14
UNBC CC Ski Club	13	14	13	0	0	0	0	0	0
Vancouver Skiers Touring Club	264	235	202	220	192	201	229	191	198
Wells Gray Outdoor Club	167	134	145	137	135	108	141	110	138
Whiskey Jack Nordic Ski Club	98	86	85	76	76	64	87	71	69
Whistler Nordic Ski Club	93	177	212	257	275	265	273	269	222
Williams Lake CC Ski Club	193	93	173	224	207	209	141	142	198
Wolverine Nordic Association	103	154	110	111	73	0	0	0	0
Yellowhead Outdoor Rec. Assoc.	10	10	10	10	10	10	0	0	0
Yellowhead Ski Club	26	15	20	15	30	38	73	83	56
Overall Membership Totals	13334	13054	13920	14246	14148	15146	15996	16098	17223

Total number of clubs in:

2012-13: 51

2011-12: 50

2010-11: 49

2009-10: 50

2008-09: 52

2007-08: 52

2006-07: 53

2005-06: 50

2004-05: 53

2003-04: 52

2002-03: 56

MONTHLY WEBSITE HITS			
MONTH	# OF HITS	Running Total 12-13	Running total 11-12
April	8156	8156	5934
May	4202	12358	12107
June	4692	17050	16912
July	5831	22881	23028
August	6318	29199	29015
September	7531	36730	34160
October	8467	45197	40247
November	0	45197	46347
December	29595	74792	52543
January	0	74792	59293
February	6002	80794	65996
March	9327	90121	71493

Visitors to the CCBC Home Page:

2012 Season:	90121
2011 Season:	71493
2010 Season:	71315
2009 Season:	88676
2008 Season:	98861
2007 Season:	75189
2006 Season:	49622
2005 Season:	50175
2004 Season:	41516
2003 Season:	24924
2002 Season:	20342
2001 Season:	18300
2000 Season:	15009
1999 Season:	9010
1998 Season:	4725

**CROSS COUNTRY CANADA
2013 ANNUAL GENERAL MEETING AWARD**

FIRTH AWARD

This award has been presented to a woman who has made an outstanding volunteer contribution to cross-country skiing in Canada.

This award was established in 1985 to honour Sharon and Shirley Firth.

2013 Winner: Ms. Sherryl Yeager, Nordic Racers Ski Club, Vancouver BC
(Nominated by Andrea Bundon & Courtney Knight, Nordic Racers Ski Club)

Sherryl started skiing about 20 years ago and was embraced by the ski community for her willingness to volunteer with events and programs. Soon she was pursuing certification as a race official and a coach. Club president, fundraiser, event chair, are just a few of the roles she has filled over the years. Sherryl welcomes new challenges and leads by example. Her commitment to promoting cross-country skiing and willingness to take on any task is inspiring.

- **2013 Haywood Ski Nationals – Event Chair**
- **2010 Olympic / Paralympic Games - Assistant Chief of Competition - Control**
- **2011 – present - Sponsorship Coordinator for Sigge’s P’ayakentsut Loppet**
- **2011 – present – Sponsorship Director – Callaghan Valley Cross Country**
- **2011 – present – Nordic Racers Ski Club President**
- **Certified Level 3 Official**
- **Certified CANSI Level 1 and NCCP Intro to Community Coaching**
- **Member of Nordic Racers Para-Nordic Committee**
- **Coach of Nordic Racers Deaf/Hard of Hearing Learn to Loppet Program**

REPORT: NORDIC RACERS

Adaptive Programming 101: Starting an Adaptive Cross Country Ski Program

It is no secret the Nordic Racers Ski Club strives to be BC's leader for adaptive cross country skiing. We offer a full spectrum of adaptive programs for skiers of all ages and abilities, making us the most active adaptive programs club in the province. The first level is our Skiing is Believing (SIB) program, a series of one-day introductory cross country ski clinics where individuals with physical or sensory disabilities can "try before they buy". Those that enjoy the experience can then move into our ongoing programs, including Junior Skills Development for skiers 8-15, Adaptive Learn to Loppet (AL2L), skill development for skiers 16 and older and our Nordic Racers Adaptive Race Team for those that want to compete. Sounds like a lot, right? Actually, with a relatively small but committed group of individuals, programs like this could (and should!) be offered at all BC cross country ski clubs.

So where to start? First, you need to establish a committee that is willing to plan, organize and implement programs. In a perfect world, your committee would include:

- **A chairperson** with strong communication/networking skills and familiar with club policies and procedures.
- **A secretary** with strong administrative skills for staying on top of emails, minutes, grant applications, etc.
- **A coach/volunteer coordinator** with strong networking and organizational skills.
- **A treasurer** with a background in budgeting and financial management.

Our Nordic Racers Adaptive Committee consists of these four positions with three additional members who help implement our programs.

Planning is crucial for any cross country ski program, which is why our committee meets every year no later than June to tentatively plan program start and end dates, to create a hit list of coaches we would like to recruit, develop program budgets, etc. We also try to set up the race schedule for our racing team in cooperation with other adaptive coaches at the national, provincial and local level to maximize the number of adaptive athletes attending races in order to provide the best competitive opportunities possible. In that only 14% of Canadians have a disability, there is a much smaller pool of potential athletes to draw from so adaptive coaches should work together to ensure that when their athletes do race, they race with as many other adaptive athletes as possible.

When our adaptive programs first started, we found it challenging to recruit enough volunteers - we often heard, "I'd like to help, but I don't know what to do so I don't think I should volunteer." As a result, we developed our Adaptive Volunteer Education program (AVE), a 5-hour workshop designed to teach the basics of working with adaptive skiers, including how to guide a blind or visually impaired skier, how to select equipment and how to evaluate the accessibility of a ski venue. This workshop is held at the beginning of every season.

Though all of our adaptive program coaches must take this workshop, we don't make it mandatory for our volunteers as they are always under the supervision of a trained and experienced coach. The first year we offered our AVE program, eight volunteers attended. This past season that number doubled to 16 and our volunteer return rate is over 90%, a clear indicator that once people understand how to effectively work with adaptive skiers, they truly do enjoy the experience.

At about the same time we offer our AVE program, our Nordic Racers Adaptive Racing Team shifts from dryland to on snow training. This past season, they trained as a team twice a week with additional workouts on their own. Our adaptive racing team is run just like it any able-bodied team - the only difference is that some of the techniques are disability-specific, such as teaching an arm amputee athlete how to maximize momentum with just one pole or improving communication between a skier who is blind and their guide. Just like an able-bodied athlete, each of our racing team athletes had their own training program designed to help them improve and it paid off - more than a few medals were won at the 2013 Ski Nationals by our adaptive racing team members!

The next program to start is SIB and we typically host three workshops per season starting in January. This program is by far our largest and most effective recruiting tool for our ongoing programs as participants get an opportunity to try the sport without having to make a long-term commitment. These clinics have a simple concept - each adaptive skier is encouraged to come with a friend or family member so that we can teach both of them how to ski. We also teach the friend/family member how they can help the adaptive skier both on and off the snow.

A key objective of SIB is to demonstrate cross country skiing can be accessible to people with disabilities. Many adaptive athletes cannot get out to ski if they don't have a friend or family member willing to go with them to help with transportation, moving gear, guiding, etc. so we want to bridge this gap by encouraging each adaptive skier to bring along a friend or family member. We believe that if both the adaptive skier and their friend/family member enjoy skiing, they are more likely to continue skiing because it becomes something they can do together. Would you enjoy skiing if the only person you ever skied with was yourself?

We start SIB off by dividing participants into three groups: standing skiers, sit skiers and friends/family members. Each adaptive skier is paired up with a volunteer and then each group is led through a 90-minute basic ski skills lesson with a certified coach. Everyone then meets back in the lodge for a 45 minute lunch break before getting back out on snow, but this time, the friends/family members are reunited with their respective adaptive skier and his/her volunteer from the morning session. Athletes of similar speed are grouped together to go for a ski under the leadership of a coach and/or a trained volunteer.

Over the past three years, we have streamlined SIB logistics such as registration and transportation, making it possible for just one or two people to organize these clinics and about four to actually run them. What has also made these workshops so successful is the great corporate support we've had from Sigge's Sport Villa (discounted rates for rentals and bus transportation) and Whistler Olympic Park (complimentary passes for one support person for every adaptive athlete) as well as financial support through the Canadian Paralympic Committee's Recruitment Grant.

The AL2L starts in January, and mirrors the NR loppet training program for its adult members. The AL2L tends to draw older adaptive skiers who don't want to compete seriously, but want to improve their skills and fitness, and get out to do some local loppets.

Our Junior Skills Development program also starts in early January and runs for about eight weeks. Led by a certified coach with adaptive experience, this program is unique

because it is a fully integrated program - skiers with disabilities participate alongside their able-bodied peers. This past season, we had two boys who are visually impaired take part and the feedback was all of the skiers absolutely loved it! It was especially significant to the two skiers who were visually impaired because it helped not only boost their physical motor skills, but their self-confidence too.

As an example, each of the young skiers takes a turn leading warm up. The day one of the boys who is visually impaired got to lead, he was practically bursting out of his jacket with pride! When his dad arrived to pick him up, the first thing he said was, "Dad! I got to lead today! I **never** get to lead!" Why is this significant? Because children with disabilities typically have fewer sport programs available to them. When they do participate, they are often not given the chance to be a leader simply because they are the only one with a disability in amongst able-bodied children. With a few tweaks in how he organized lessons, our Junior Skills Development coach made it possible for our two skiers who are visually impaired to be on equal footing with their sighted peers - something they are constantly struggling to achieve in their daily lives.

The second example involved the other visually impaired boy who said, "Dad, I don't want you to go. I want to go alone with my friends" when the father offered to go along for the program's finale event - a day trip to Whistler Olympic Park.

Why is this significant? Because parents of children with disabilities often take a more active role in their children's lives - for example, parents of blind or visually impaired children often guide their children in sports activities whereas able-bodied children are let loose on their own. It was incredibly rewarding to hear a young boy who is visually impaired felt comfortable enough to go someplace unfamiliar with his ski group without help from his parents. He saw himself as just a member of a group of friends going for a day of skiing - his lack of vision was irrelevant.

Hopefully some of you reading this will realize adaptive programs are feasible for all clubs and that in every community, there are people with disabilities who will enjoy skiing just as much as you do, but just need the opportunity. The Nordic Racers Ski Club would be happy to help any clubs start an adaptive program by providing on-site expertise, training manuals, logistics support or answering any questions about adaptive programming. For more information on our programs, visit our website at www.nordicracers.ca/paranordic.html. You can also email adaptive@nordicracers.ca with any adaptive questions or comments and we'll do our best to help you start adaptive programs in your club. There definitely will be a learning curve if no one has adaptive experience, but basic skills can be learned relatively quickly and the rewards are well worth it!

Courtney Knight, Nordic Racers Ski Club

REPORT: NICKEL PLATE CROSS COUNTRY SKI CLUB

Who are the Nickel Plate Junior Racers?

Just 45 minutes from Penticton in BC's Okanagan Valley, Nickel Plate Nordic Centre is a cross-country skiing paradise. Located at 6000 feet elevation, boasting 65 kilometres of groomed trails, and a ski season starting in November and finishing in late March, the conditions are ideal for the development of young skiers. The Nickel Plate Junior Racers is a recently developed cross-country ski program which has experienced growth in team members during the 2012-13 ski season. Over the past two years, the Nickel Plate Junior Racers program has grown from a small group of youth to a larger number of committed young skiers ages 9-16. Upon completion of Jackrabbits, these young skiers are benefitting from a program which offers a high level of quality coaching, a sense of team camaraderie, and the competitive experience. Improvement in skiing technique, endurance, race performance, and most of all, team building and fun, are the hallmarks of this program.

Coaching

Team coaching is led by Jerome Jang, a fully accredited Level 3 National Coaching Certification Program (NCCP) of Canada Cross country ski coach. Jerome has also completed level 4 coaching tasks. Jerome's experience in cross country ski coaching extends beyond the club to the provincial, national and international level. As a NCCP facilitator, he conducts Introduction to Community Coaching, Community Coaching, Competition Coaching Learning to Train dryland and on snow workshops for Cross Country Canada. In that capacity, which he has filled for the past 20 years, he has mentored, interacted and observed many ski coaches throughout B.C. As a founding and executive member of the Nickel Plate Nordic Ski Club, Jerome designed and located a number of the original ski trails and oversaw the original ski program during the formative years of the club as a parent, coach, and organizer. Jerome's coaching philosophy is: "A focus on great technique, good training, good race support, and

developing good habits for training and racing will bring good results. All of this while having fun!”

Supplementing Jerome’s coaching throughout the season are level 2 coach Frank Perrier of Nickel Plate Nordic and Peach City Runners and Adventure Sports, along with several parent volunteers who hold level 1 coaching certification.

The 2012-13 Ski Season

The team started off the ski season in late August with several fun and challenging hikes in the Okanagan region including Penticton, Apex Mountain, Summerland, and Peachland. Dryland training sessions commenced in the fall, focusing on fitness, coordination and flexibility sessions designed to prepare the kids for the cross-country skiing season. Activities included roller skiing, ski bounding with poles, hikes, cross-country running, and indoor gym sessions.

A weekend fall training camp at Nickel Plate allowed for team-building activities, goal-setting for the upcoming ski season, and fitness activities such as mountain biking, running, hiking and stretching. The first day on snow was in mid-November. Training focused on refining both classic and skate ski technique, and developing fitness and stamina. Additional focus was placed on specific race-day strategies. Very importantly, fun ski days were incorporated into training days.

The Junior Racers and their parents introduced themselves to the community in early December, participating in the Downtown Penticton Santa Claus Parade. On January 19th, the Junior Racers participated in a fundraising “Ski-a-Thon” to raise funds for waxing supplies, tools, a team waxing tent, and other expenses associated with racing and training. In addition to the exceptional fundraising efforts by the team, the Junior Racers surpassed personal goals for Ski-a-Thon time and distances. Our top skier, Noah Beglaw, skied an outstanding 9 laps of a 3 km loop within 2 hours! Both developmental and competitive skiers worked extremely hard during this event, supported by a fantastic group of parent volunteers and Coach Jerome. Many sponsors and individuals donated to the

Ski-a-Thon. These efforts, combined with further fundraising through sales of local coffee, have provided a solid foundation for the Nickel Plate Junior Racers' 2013-14 ski season.

Race report

During the 2012-13 season, the Nickel Plate Junior Racers competed in a number of races including the Teck BC Cup series at Sovereign Lake and Telemark; the Teck Okanagan Cup series at Larch Hills, Overlander Ski Club, and Sovereign Lake; the Nat Read Brown Ranch Family Weekend Races in Princeton; and the Nickel Plate and Apple (Telemark) Loppets. These events have offered opportunities for the Junior Racers to “learn to race” or improve on their race technique.

Looking Ahead!

An end-of-season weekend sleepover at Nickel Plate saw the Junior Racers and Skill Development Jackrabbits participate in snowshoeing, sledding, building snow caves, and powder hound skiing. Together, the Jackrabbits and the Junior Racers participated in the “Racing Rocks” day at Nickel Plate in early March. Excitement is in the air for Nickel Plate and the Junior Racing team, as Penticton prepares to host the 2016 BC Winter Games. The BC Winter Games will offer potential opportunities for cross country skiers born in 2001 and 2002 to participate in elite-level racing. A biathlon facility and biathlon youth program at Nickel Plate are also in the early stages of development. And, stay tuned early on in the ski season for a youth cross-country ski camp prior to the regional November on-snow camp, to be hosted by the Nickel Plate Junior Racers. Coaching will be provided by Jerome Jang, with support from other qualified coaches.

For more information on Nickel Plate and the Nickel Plate Junior Racers, please visit: www.nickelplatenordic.org

Submitted by Kathryn Golbeck

2012-2013
YEAR END REPORT



Cross Country BC

**Athlete Development
Program**



THE YEAR AT A GLANCE



SKILL DEVELOPMENT PROGRAM PARTICIPANT ENROLLMENT

Year	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Northern Zone	693	697	578	598	586	608	649	565	627	751
Coast Zone	553	560	520	505	536	573	627	599	627	633
Okanagan Zone	623	661	646	613	622	600	646	645	566	633
Kootenay Zone	238	238	250	253	235	228	217	292	352	405
Total Participants	2107	2156	1994	1969	1979	2009	2139	2101	2172	2422

SKILL DEVELOPMENT PROGRAM CLUB ENROLLMENT

Year	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Northern Zone	14	16	13	14	11	11	11	11	10	11
Coast Zone	4	4	4	4	5	6	6	6	6	6
Okanagan Zone	8	8	8	8	8	8	8	8	7	8
Kootenay Zone	7	6	6	6	7	5	6	7	9	9
Total Clubs	33	34	31	32	31	30	31	32	32	34

BREAKDOWN BY ZONE:

Northern Zone	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Bear Mountain Nordic Ski Ass'n	0	12	NS	0	0	14	27	18	22	38
Bulkley Valley CC Ski Club	143	105	100	84	98	97	101	83	111	98
Caledonia Nordic Ski Club	122	134	132	179	161	197	217	192	200	242
Cariboo Ski Touring Club	37	57	55	46	49	49	28	27	50	67
Stikine Nordic CC Ski Club	0	0	15	11	8	0	0	0	0	0
Dunster BC Rabbits	10	10	10	10	0	0	0	0	0	0
Kwadacha Ski Club	0	52	0	0	0	0	0	0	0	0
Mackenzie Nordiques	46	50	69	37	41	29	30	42	27	27
Morice Mtn Nordic Ski Club	28	21	4	21	22	31	36	28	0	36
Nechako Nordics	37	41	49	51	39	46	58	48	52	57
Omineca Ski Club	85	55	54	64	87	68	54	43	65	65
100 Mile Nordic Ski Society	32	23	29	27	23	15	23	29	36	28
Snow Valley Nordic Ski Club	40	29	20	15	27	33	40	36	41	58
Topley BC Rabbits	35	40	36	25	0	0	0	0	0	0
Whiskey Jack Nordic Ski Club	20	23	0	0	0	0	0	0	0	0
Williams Lake CC Ski Club	40	31	0	23	31	29	35	19	23	35
Wolverine Nordic Ski Ass'n	18	14	5	5	0	0	0	0	0	0
Total Participants	693	697	578	598	586	608	649	565	627	751
Total Clubs	14	16	13	14	11	11	11	11	10	11

Coast Zone	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Hollyburn CC Ski Club	246	292	284	280	240	217	238	237	226	236
Spud Valley Nordics	70	49	45	33	43	59	82	88	86	70
Squamish Nordic Club	0	0	0	0	36	55	25	28	42	56
Strathcona Nordic Ski Club	161	159	150	150	157	143	125	117	120	127
Tetrahedron Outdoor Club	0	0	0	0	0	11	68	48	60	57
Whistler Nordic Ski Club	76	60	41	42	60	88	89	81	93	87
Total Participants	553	560	520	505	536	573	627	599	627	633
Total Clubs	4	4	4	4	5	6	6	6	6	6

Okanagan Zone	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Barriere Outdoor Club	23	23	33	38	29	37	35	11	0	0
Larch Hills Nordic Society	106	125	131	117	149	137	150	137	147	172
Nickel Plate CC Ski Club	74	53	50	50	71	57	53	71	60	65
Overlander Ski Club	60	86	102	106	93	68	83	75	31	42
Revelstoke Nordic Ski Club	35	51	43	51	54	61	82	92	70	82
Sovereign Lake Nordic Club	212	221	184	129	103	122	114	122	120	108
Sun Peaks Nordic Club	0	0	0	0	0	0	0	0	0	17
Telemark Nordic Club	77	65	69	95	92	92	107	114	116	130
Wells Gray Outdoor Club	36	37	34	27	31	26	22	23	22	17
Total Participants	623	661	646	613	622	600	646	645	566	633
Total Clubs	8	8	8	8	8	8	8	8	7	8

Kootenay Zone	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Black Jack CC Ski Club	29	42	48	40	35	76	42	65	69	72
Castlegar Nordic Ski Club	53	53	56	59	28	0	0	31	41	36
Columbia Valley Jackrabbits	10	0	0	0	0	0	0	0	0	0
Fernie Nordic Society	0	0	0	0	12	24	17	27	51	72
Golden Nordic Ski Club	34	38	38	46	49	39	37	42	23	17
Hills Nordic Ski Club	0	0	0	0	0	0	0	0	20	23
Kaslo Nordic Club	0	0	0	0	0	0	0	0	5	23
Kimberley Nordic Club	43	37	37	25	25	0	23	37	49	62
Nelson Nordic Ski Club	50	56	58	57	71	58	62	49	54	54
Toby Creek Nordic Ski Club	19	12	13	26	15	31	36	41	40	46
Total Participants	238	238	250	253	235	228	217	292	352	405
Total Clubs	7	6	6	6	7	5	6	7	9	9

2012 TECK REGIONAL CAMP PROGRAM

Spring (Dryland) Regional Camps

Date	Region	Community	Host Club	CCBC Coach	M	F	Total
May 11-13	Kootenay	Rossland	Black Jack CC Ski Club	Dave Wood	8	12	20
May 11-14	Vancouver Island	Courtney	Strathcona Nordic Ski Club	Dave Battison	23	11	34

Fall (Dryland) Regional Camps

Date	Region	Community	Host Club	CCBC Coach	M	F	Total
Sept 21-23	Coast	Whistler	Hollyburn CC Ski Club	Jake Weaver	23	30	53
Sept 21-23	Okanagan	Kelowna	Telemark Nordic Club	Adam Elliot	21	25	46
Sept 21-23	Northern	Prince George	Caledonia CC Ski Club	Andrew Casey	17	12	29
Sept 22-23	Vancouver Island	Courtney	Strathcona Nordic Ski Club	Dave Battison	17	12	29
Sept 28-30	Kootenay	Kimberley	Kimbeley Nordic Ski Club	Frank Ackermann	6	17	23
Oct 12-14	Northern	Smithers	Bulkley Valley CC Ski Club	Chris Werrell	18	17	35
Oct-13	Coast	Whistler	Hollyburn CC Ski Club	Jake & Katie Weaver	9	8	17

Winter (On-Snow) Regional Camps

Date	Region	Community	Host Club	CCBC Coach	M	F	Total
Dec 15-16	Okanagan	Vernon	Telemark Nordic Club	Adam Elliot	13	18	31
Dec 15-16	Northern	Smithers	Bulkley Valley CC Ski Club	Chris Werrell	38	18	56
Dec 15-16	Coast	Callaghan Valley	Whister Nordic Ski Club	Jessica Aldighieri	25	28	53
Dec 27-30	Coast	Courtney	Strathcona Nordic Ski Club	Dave Battison	29	15	44

Total Regional Camp Participants 247 223 470

2012-2013 PROVINCIAL TRIP PROGRAM

EVENT	TOTAL BC TEAM PARTICIPANTS	TOTAL BC TEAM COACHES	TOTAL BC ATHLETES
World Jr. Trial/U23			
Locations: Thunder Bay, ON	7 (inc. 10 CVTC)	6 (inc. 3 CVTC)	17
Dates: Jan 3-6, 2013			
National Championships	Travelled with own club		
Location: Callaghan Valley, BC			148
Dates: Mar 23-30, 2013			

2012 PROVINCIAL CAMP PROGRAM

CAMPS	DATE		# OF PARTICIPANTS
Para-Nordic Spring Camp - Vernon, BC	May 11-13	Athletes	5
		Guides	1
Spring Dryland Camp - 100 Mile House, BC	May 18-21	BCDS	11
		Other	1
Spring Snow Camp - Callaghan Valley, BC	May 28- June 3	CVTC	9
		BCST	2
		Other	6
June Snow Camp - Callaghan Valley, BC	June 12-17	CVTC	9
		BCST	2
		Other	3
Haig Glacier/Canmore Camp - Canmore, AB	July 12-30	CVTC	9
		BCST	2
Haig Glacier Camp - Canmore, AB	June 30 - Aug 7	BCST	7
		BCDS	9
		Other	1
National Talent Squad Camp - Callaghan Valley, BC	Aug 15-21	NTS	4
		Other	1
August Dryland Camp - 100 Mile House, BC	Aug 29- Sept 2	BCTS	31
Fall Dryland Camp - Revelstoke, BC	Sept 13-16	BCST	6
Fall Dryland Camp - Revelstoke, Rossland, & Kelowna, BC	Sept 13-23	CVTC	9
Fall Dryland Camp - Revelstoke, BC	Sept 27- Oct 1	BCDS	15
Fall Snow Camp - Vernon, BC	Nov 14-18	BCST	6
		BCDS	16
Fall Snow Camp - Vernon, BC	Nov 23-26	BCTS	29
CCBC Para-Nordic Snow Camp - Whistler, BC	Mar 1-3	Athletes	5
Total Provincial Camp Participation			199

CANADIAN NATIONAL CHAMPIONSHIP AGGREGATE AWARDS

2012 Haywood Nationals Individual Aggregates by Age-Category:

Junior Men

3rd David Palmer ~ Black Jack Cross Country Ski Club

6th Julien Locke ~ Black Jack Cross Country Ski Club

6th Colin Ferrie ~ Kimberley Nordic Ski Club

Junior Boys

2nd Thomas Hardy ~ Larch Hills Nordic Society

7th Eric Byram ~ Black Jack Cross Country Ski Club

Juvenile Boys

9th David Walker ~ Telemark Nordic Club

Senior Women

2nd Alysson Marshall ~ Larch Hills Nordic Society

Junior Women

2nd Sarah Beaudry ~ Caledonia Nordic Ski Club

Junior Girls

7th Kathleen Woods ~ Bulkley Valley Cross Country Ski Club

Juvenile Girls

1st Katie Weaver ~ Hollyburn Cross Country Ski Club

4th Annika Richardson ~ Hollyburn Cross Country Ski Club

10th Eliza-Jane Kitchen ~ Hollyburn Cross Country Ski Club

CCUNC Individual Aggregates Women:

1st Andrea Lee ~ Lakehead University/Strathcona Nordic Ski Club

2012 Haywood Nationals Individual Aggregates by YOB:

JM2 - 1993

2nd David Palmer ~ Black Jack Cross Country Ski Club
5th Colin Ferrie ~ Kimberley Nordic Ski Club
7th Julien Locke ~ Black Jack Cross Country Ski Club

JB2 - 1995

2nd Thomas Hardy ~ Larch Hills Nordic Society

JB1 - 1996

1st Eric Byram ~ Black Jack Cross Country Ski Club

Juvenile Boys

9th David Walker ~ Telemark Nordic Club

U23 Women – 1990

4th Andrea Lee ~ Strathcona Nordic Ski Club
9th Kajsa Heyes ~ Hollyburn Cross Country Ski Club
10th Rebecca Reid ~ Black Jack Cross Country Ski Club

JW1 – 1994

3rd Sarah Beaudry ~ Caledonia Nordic Ski Club
7th Brittany Evans ~ Revelstoke Nordic Ski Club

JG2 – 1995

8th Jennifer Wildi ~ Hollyburn Cross Country Ski Club
10th Alexandra Myshak-Davis – Telemark Nordic Club

JG1- 1996

2nd Kathleen Woods ~ Bulkley Valley Cross Country Ski Club
6th Megan Evans ~ Revelstoke Nordic Ski Club
8th Lauren Doak ~ Whistler Nordic Ski Club

JvG2 – 1997

1st Katie Weaver ~ Hollyburn Cross Country Ski Club
7th Eliza-Jane Kitchen ~ Hollyburn Cross Country Ski Club
10th Avalon Wastenays ~ Strathcona Nordic Ski Club

JvG1 – 1998

1st Annika Richardson ~ Hollyburn Cross Country Ski Club
4th Hannah Mehain ~ Sovereign Lake Nordic Club
8th Jenna Sim ~ Hollyburn Cross Country Ski Club

TOTAL INDIVIDUAL MEDALS AT CANADIAN NATIONAL CHAMPIONSHIPS

YEAR	1st	2nd	3rd	Total Medals	# of Ind. Medal winners
1988	3	6	3	12	5
1989	4	3	0	7	5
1990	2	0	1	3	1
1991	3	3	1	7	5
1992	2	2	3	7	3
1993	2	1	1	4	2
1994	3	2	3	8	5
1995	3	4	3	10	6
1996	1	6	2	9	6
1997	5	3	3	11	6
1998	2	4	1	7	3
1999	4	3	3	10	6
2000*	0	6	3	9	5
2001	1	4	3	8	8
2002	0	0	4	4	3
2003	2	1	3	6	4
2004	0	3	3	6	3
2005	1	1	1	3	3
2006	0	0	0	0	0
2007	0	3	2	5	3
2008	2	3	7	12	8
2009	2	9	1	12	8
2010	2	2	2	6	4
2011	9	4	4	17	14
2012	8	9	5	22	11
2013	7	4	5	16	9

** indicates the year Canadian Junior Championship changed to Canadian Championships

Top 10 Results: 2005-22 2006-14 2007-3 2008-40 2009-32 2010-36 2011-55 2012-57 **2013-46**

TOTAL INDIVIDUAL PARA-NORDIC MEDALS AT CANADIAN NATIONAL CHAMPIONSHIPS

YEAR	1st	2nd	3rd	Total Medals	# of Ind. Medal winners
2006	4	1	0	5	3
2007	4	4	2	10	5
2008	3	7	4	14	5
2009	0	0	0	0	0
2010	0	0	0	0	0
2011	1	1	1	3	3
2012	0	0	0	0	0
2013	3	4	5	12	5

Ski S’Kool Program

Number of students in the Ski S’Kool Program that fit the below criteria:

- ✓ A “Learn to Ski” program for elementary school age children (grades 1-7).
- ✓ The program is managed by a CCBC club and is delivered by “club” coaches.
- ✓ The program is held at the club facility or at the commercial (or other) facility used by the club to deliver its other programs.
- ✓ A minimum of 2 sessions per school per season.

	Name of CCBC Club	Community	School District	# of Students	# Student Visits
1	Black Jack CC Ski Club	Rossland	SD#20	80	2-6
2	Bulkley Valley CC Ski Club	Smithers	SD#54	382	2-3
3	Caledonia Nordic Ski Club	Prince George	SD#57	1615	2-3
4	Cariboo Ski Touring Club	Quesnel	SD#28	273	1-3
5	Castlegar Nordic Ski Club	Castlegar	SD#20	100	2
6	Golden Nordic Ski Club	Golden	SD#6	100	3
7	McKinney Nordic Ski Club	Oliver	SD#53	129	2
8	Nelson Nordic Ski Club	Nelson	SD#8	300	2-3
9	Nickel Plate CC Ski Club	Penticton	SD#67	1533	2-4
10	Overlander Ski Club	Kamloops	SD#73	462	1
11	Revelstoke Nordic Ski Club	Revelstoke	SD#19	67	4
12	Sovereign Lake Nordic Club	Vernon	SD#10,22,23 & 83	1473	1-4
13	Spud Valley Nordic Club	Pemberton (for Sea to Sky Corridor)	SD#48	1310	1-4
14	Strathcona Nordic Ski Club	Courtenay	SD#71 & #72	849	3-4
15	Toby Creek Nordic Ski Club	Invermere / Windermere	SD#6	64	5
TOTAL				8737	1-6

Schools that participated in each School District (SD):

	School District	Name of School(s)
1	SD#20	École des Sept-Sommets, MacLean Elementary
2	SD#54	Lake Kathlyn, Muheim, St Joseph's, Telkwa, Walnut Park
3	SD#57	Blackburn, Cedars Christian, College Heights, Edgewood, Foothills, Franco Nord Glenview, Hart Highlands, Harwin, Heather Park, High Glen, Lac des Bois, Malaspina, Pinewood Southridge, Spruceland, Vanway and Westwood
4	SD#28	Carson, Bouchie Lake, Voyageur, Noarcosli, E Q Distributed Learning Nazko, NCCS Elem
5	SD#20	Kinnaird Elementary, Robson Community School
6	SD#6	Lady Grey Elementary, Nicholson Elementary
7	SD#53	Oliver Elementary & Tuc-el-nuit Lake Elementary
8	SD#8	Adam Robertson, Blewett, Brent Kennedy, Ecole des Sentiers-Alpins, Hume, Nelson Waldrof, Rosemont, South Nelson, St Joseph, Winlaw
9	SD#67 & 53	Carmi, Columbia, Giant's Head, Kaleden, Naramata, Okanagan Falls, Parkway, Queen's Park, Trout Creek, Uplands, West Bench, Wiltse, Concordia Lutheran, Home Learners, Pentitcton Christianan, Ecole Entre Lacs, Outma Sqilx'w
10	SD#73	Dallas, Dufferin, Home School Group Lloyd George, McGowan Park, Pacific Way, Parkcrest, South Sahali, St Ann's, Stuart Wood, Westmount
11	SD#19	Columbia Park Elementary, Mt. Begbie Elementary, Arrow Heights Elementary
12	SD#22 & Area	Aberdeen Hall Prep, Bearisto, Carlin, Coldstream, Edgewood, Falkland, George Elliot, Harwood, Highland Park, Hillview, J.W. Inglis, Kalamalka, Kidston, Lavington, Len Wood, Mount Boucherie, Okanagan Indian Band, Okanagan Land, Salmon Arm, Silver Star, Springvalley, Vernon Christian School, W.L. Seaton
13	SD#48	Brackendale, Cedar Valley Waldorf, Ecole de la Vallee de Pemberton, Ecole la Passerelle Ecole les Aiglons, Garibaldi Highlands, Mamquam, Myrtle Philip, Signal Hill, Spring Creek, Squamish, Stawamus, Valley Cliff, Xit'olacw
14	SD#71 SD#72	Airport Elementary, Arden Elementary, Aspen Park Elementary, Brooklyn Elementary, Cumberland Elementary, Denman Island Elementary, École Robb Road, École Willow Point, Huband Park
15	SD#6	Windermere Valley Elementary, Eileen Madson Elementary

BC SKI TEAM NOMINATIONS – 2013/14

Alexandra Myshak-Davis (Telemark Nordic Club)
Alysson Marshall (Larch Hills Nordic Society)
Avalon Wasteney (Strathcona Nordic Ski Club)
Colin Ferrie (Kimberley Nordic Club)
David Palmer (Black Jack Cross Country Ski Club)
Eliza-Jane Kitchen (Hollyburn Cross Country Ski Club)
Eric Byram (Black Jack Cross Country Ski Club)
Fred Weaver (Hollyburn Cross Country Ski Club)
Gabriel Price (Bulkley Valley Cross Country Ski Club)
Geoffrey Richards (Black Jack Cross Country Ski Club)
John Connor (Larch Hills Nordic Society)
Julien Locke (Black Jack Cross Country Ski Club)
Kajsa Heyes (Hollyburn Cross Country Ski Club)
Kate Woods (Bulkley Valley Cross Country Ski Club)
Katie Weaver (Hollyburn Cross Country Ski Club)
Lauren Doak (Whistler Nordic Ski Club)
Martin Schrama (Whistler Nordic Ski Club)
Megan Evans (Revelstoke Nordic Ski Club)
Rebecca Reid (Black Jack Cross Country Ski Club)
Sam Morris (Hollyburn Cross Country Ski Club)
Sarah Beaudry (Caledonia Nordic Ski Club)
Thomas Hardy (Larch Hills Nordic Society)

BC DEVELOPMENT SQUAD NOMINATIONS - 2013/14

Alec Stapff (Strathcona Nordic Ski Club)
Alexander Corbett (Larch Hills Nordic Society)
Alexander Nemethy (Nechako Nordic Ski Club)
Andrew Nash (Larch Hills Nordic Society)
Annika Richardson (Hollyburn Cross Country Ski Club)
Austin Reith (Whistler Nordic Ski Club)
Cam Fitzmaurice (Hollyburn Cross Country Ski Club)
Daniel Merlo (Black Jack Cross Country Ski Club)
David Walker (Telemark Nordic Club)
Elizabeth McKenzie-Case (Overlander Ski Club)
Emily Dickson (Caledonia Nordic Ski Club)
Erica Kreitz (Caledonia Nordic Ski Club)
Gareth Williams (Telemark Nordic Club)
Gina Cinelli (Larch Hills Nordic Society)
Hannah Mehain (Sovereign Lake Nordic Club)
Jenya Nordin (Whistler Nordic Ski Club)
Jonathan Bakker (Larch Hills Nordic Society)
Kayden Sim (Hollyburn Cross Country Ski Club)
Kellen Viznaugh (Larch Hill Nordic Society)
Kieran Lumb (Hollyburn Cross Country Ski Club)
Matan Guttmann (Hollyburn Cross Country Ski Club)
Morgan Meckert (Strathcona Nordic Ski Club)
Nelson Kleer (Larch Hill Nordic Society)
Sage Bialuski (Caledonia Nordic Ski Club)
Seth van Varseveld (Larch Hills Nordic Society)

**2012-2013
YEAR END REPORT**



**CROSS COUNTRY BC
Coaching Development
Programs**

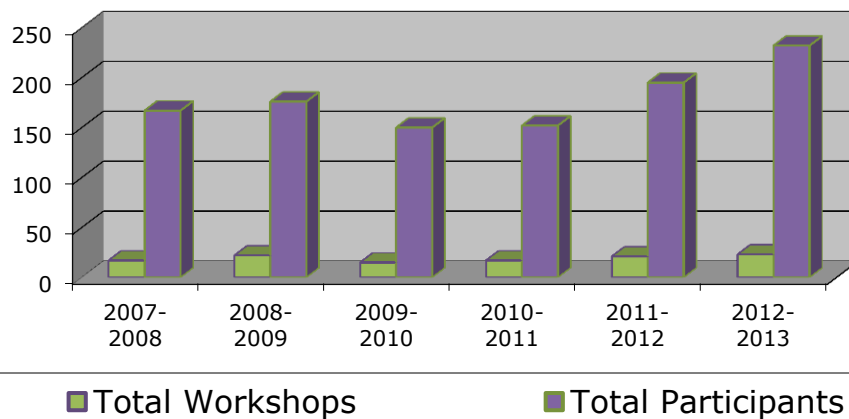
The Year at a Glance 2012-2013

Coaching Certification Statistics

NCCP Introduction to Community Coaching Workshops

	<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i># of Participants</i>	<i>Male</i>	<i>Female</i>
1	May 4 - 5	Courtenay	Jessica Heyes	10	5	5
2	May 11 - 12	100 Mile House	Colin Hamilton	5	3	2
3	June 23 - 24	Vancouver	Jessica Heyes	14	7	7
4	Oct 19 - 20	Kitimat	Colin Hamilton	8	3	5
5	Oct 19 - 20	Sun Peaks	Donna Flatman	15	7	8
6	Oct 19 - 20	Castlegar	Andrea Smith	7	1	6
7	Nov 2 - 3	Prince George	Lisa Perry	11	3	8
8	Nov 2 - 3	Revelstoke	Jerome Jang	10	2	8
9	Nov 2 - 3	Vancouver	Jessica Heyes	15	10	5
10	Nov 3 - 4	West Kelowna	Donna Flatman	8	5	3
11	Nov 9 - 10	Penticton	Gillian Warner	9	3	6
12	Nov 16 - 17	Pemberton/Whistle	Adriene Underhill	8	2	6
13	Nov 16 - 17	Smithers	Colin Hamilton	15	2	13
14	Nov 16 - 17	Quesnel	Andrew Casey	10	2	8
15	Nov 16 - 17	Courtenay	Andrea Stapff	6	2	4
16	Nov 17 - 18	Fernie	Tony Chin	11	3	8
17	Nov 17 - 18	Vancouver	Delores Frans Los	18	10	8
18	Dec 11-12	Callaghan Valley	Delores Frans Los	11	7	4
19	Dec 21- 22	Smithers	Lisa Perry	8	6	2
20	Jan 4 - 5	Houston	Chris Werrell	11	3	8
21	Jan 4 - 5	Prince George	Colin Hamilton	5	4	1
22	Feb 11-12	Whistler	Maria Lundgren	3	3	0
23	Mar 15-16	Vernon	Gillian Warner	14	7	7
TOTALS:				232	100	132

NCCP ICC Workshops & Participants



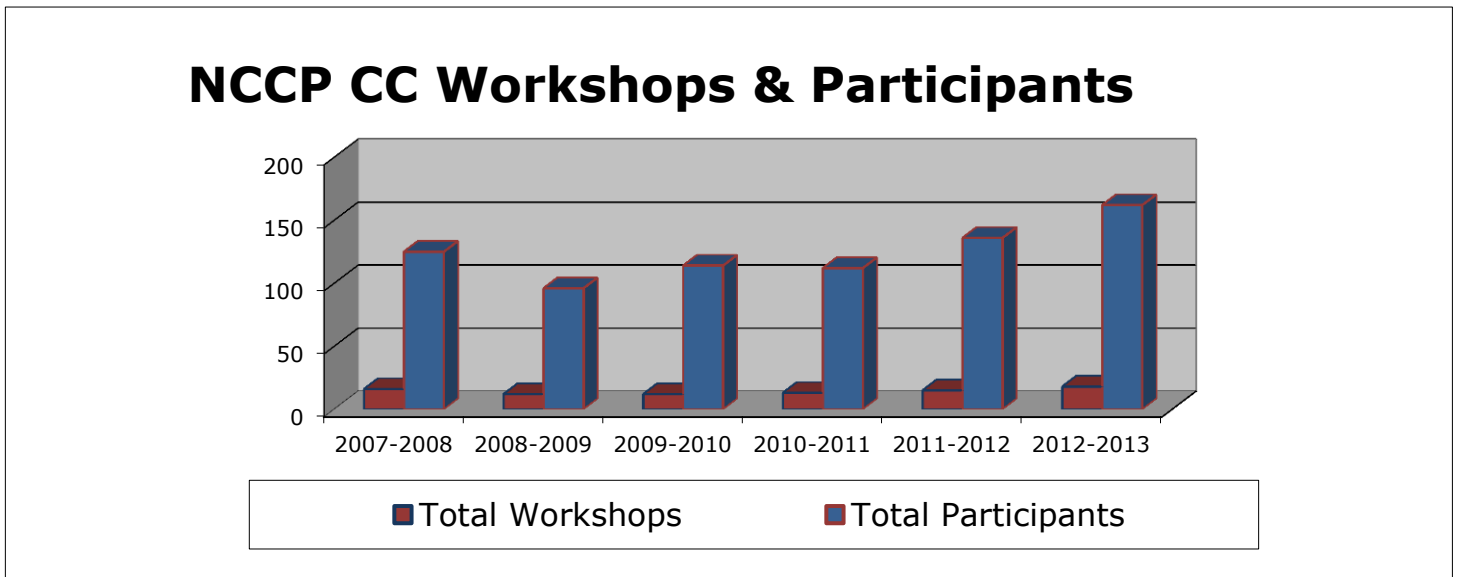
	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>	<i>2011-2012</i>	<i>2012-2013</i>
Total Workshops	17	22	15	17	21	23
Total Participants	167	176	150	152	195	232

The Year at a Glance 2012 - 2013

Coaching Certification Statistics (con't.)

NCCP Community Coaching Workshops

	<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i># of Participants</i>	<i>Male</i>	<i>Female</i>
1	Jun 29-July 1	Prince George	Georgia Manhard	1	1	0
2	Nov 23 - 25	Sun Peaks	Lisa Perry	9	4	5
3	Nov 23 - 25	Prince George	Jamie Stirling	5	1	4
4	Nov 23 - 25	Vancouver	Andrea Stapff	9	6	3
5	Nov 30 - Dec 2	Penticton	Lisa Perry	7	2	5
6	Nov 30 - Dec 2	Prince George	Andrew Casey	11	4	7
7	Nov 30 - Dec 2	Vancouver	Gillian Warner	13	7	6
8	Nov 30 - Dec 2	Salmon Arm	Marta Green	8	2	6
9	Nov 30 - Dec 2	Smithers	Colin Hamilton	12	2	10
10	Nov 30 - Dec 2	Whistler	Jessica Heyes	13	5	8
11	Dec 7 - 9	West Kelowna	Lisa Perry	5	3	2
12	Dec 28-30	Smithers	Lisa Perry	8	6	2
13	Dec 21-23	Castlegar	Brian May	7	1	6
14	Jan 4 - 6	Fernie	Jamie Stirling	9	3	6
15	Jan 3 - 6	Vancouver	Jessica Heyes	13	6	7
16	Jan 4 - 6	Kitimat	Lisa Perry	8	3	5
17	Jan 4 - 6	Courtenay	Dana Manhard	14	7	7
18	Jan 11 - 13	Quesnel	Colin Hamilton	10	3	7
TOTALS:				162	66	96



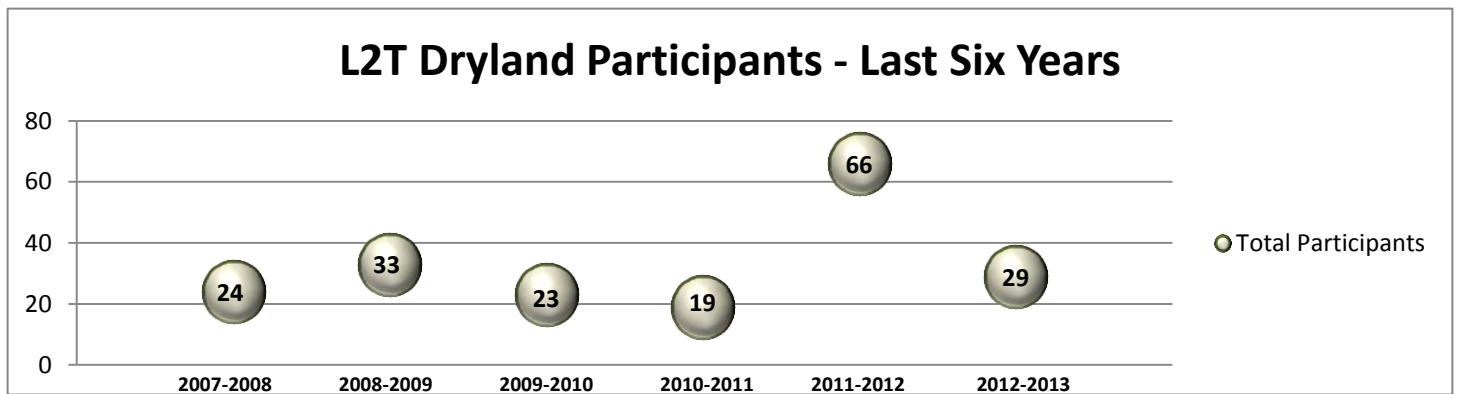
	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>	<i>2011-2012</i>	<i>2012-2013</i>
Total Workshops	16	12	12	13	15	18
Total Participants	125	96	114	112	136	162

The Year at a Glance 2012 - 2013

Coaching Certification Statistics (con't.)

NCCP Competition Coaching Introduction - Learning to Train - Dryland

	<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i># of Participants</i>	<i>Male</i>	<i>Female</i>
1	April 27 - 29	Fernie	Jerome Jang	4	2	2
2	Sept 28 - 30	Prince George	Dave Battison	7	5	2
3	Oct 12 - 14	Vancouver	Dave Battison	8	3	5
4	Oct 19 - 21	West Kelowna	Lisa Perry	6	5	1
5	Nov 2 - 4	Courtenay	David Battison	4	3	1
TOTALS:				29	18	11



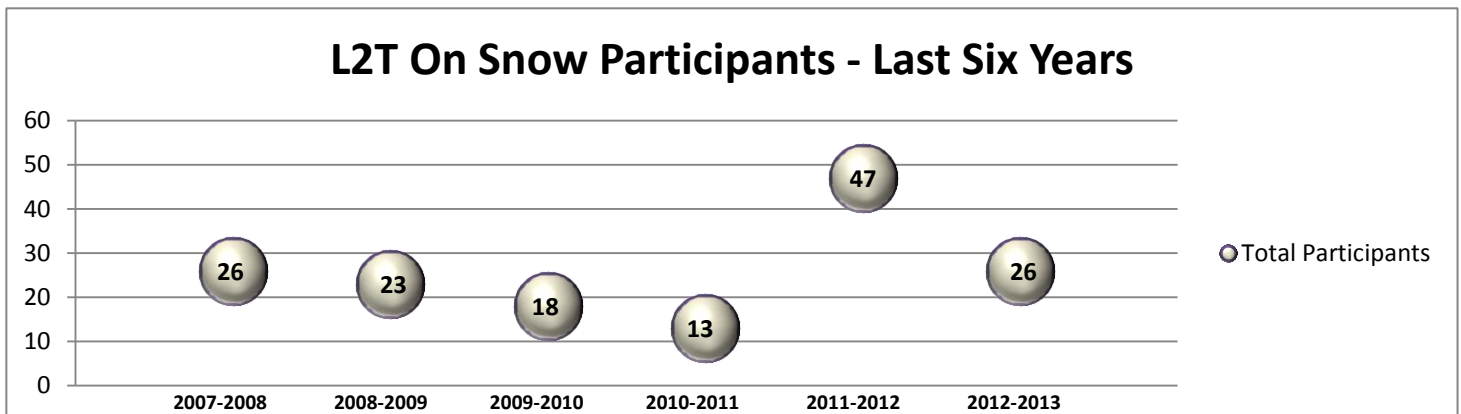
Year	2007-2008	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Total Workshops	4	5	4	3	11	5
Total Participants	24	33	23	19	66	29

The Year at a Glance 2012 - 2013

Coaching Certification Statistics (con't.)

NCCP Competition Coaching Introduction - Learning to Train - On-Snow

	<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i># of Participants</i>	<i>Male</i>	<i>Female</i>
1	June 1-3,	Whistler	Maria Lundgren	2	1	1
2	Nov 23 - 25	Whistler	Maria Lundgren	6	3	3
3	Nov 30 - Dec 2	Prince George	Chris Werrell	6	1	5
4	Jan 4 - 6	Courtenay	David Battison	6	4	2
5	Jan 4 - 6	West Kelowna	Jerome Jang	6	5	1
TOTALS:				26	14	12



	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>	<i>2011-2012</i>	<i>2012-2013</i>
Total Workshops	4	3	3	2	7	5
Total Participants	26	23	18	13	47	26

The Year at a Glance 2012 - 2013

Coaching Certification Statistics (con't.)

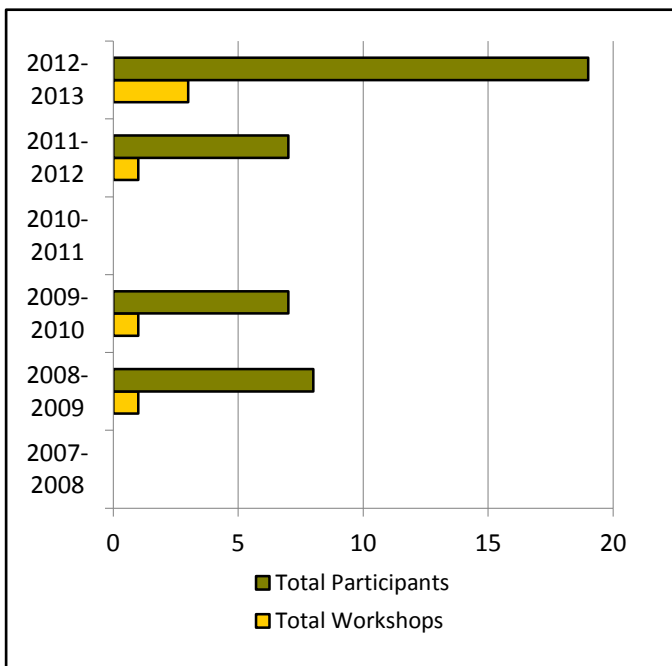
NCCP Competition Coaching Introduction Advanced - Training to Train - Dryland

Date	Location	Learning Facilitator	# of Participants	Male	Female	
1 April 27 - 29	Courtenay	Dave Battison	7	3	4	
2 June 1 - 3	Kimberley	Dave Battison	5	3	2	
3 June 15 - 17	Vancouver	Dave Battison	7	4	3	
TOTALS:			19	10	9	
<hr/>						
	2007-2008	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Total Workshops		1	1	0	1	3
Total Participants		8	7	0	7	19

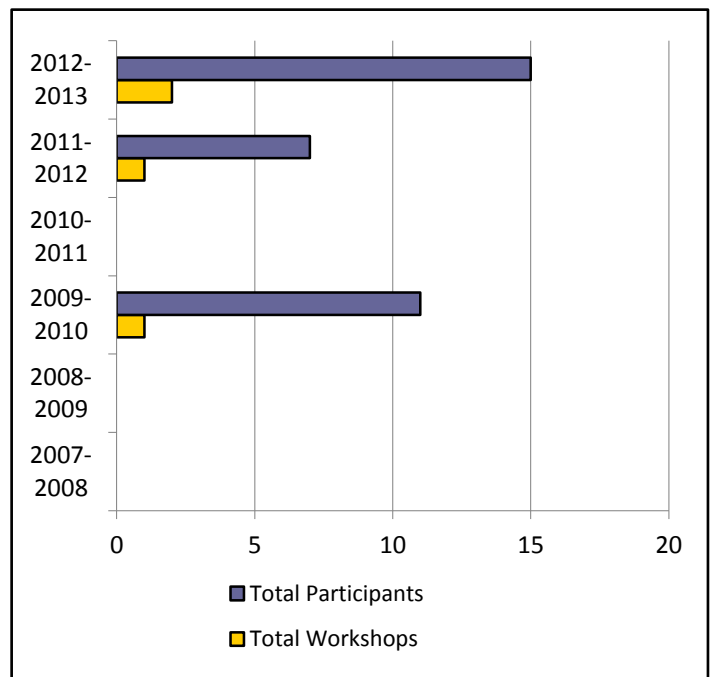
NCCP Competition Coaching Introduction Advanced - Training to Train - On-Snow

Date	Location	Learning Facilitator	# of Participants	Male	Female	
1 May 4 - 6	Courtenay	Dave Battison	7	3	4	
2 Nov 9 - 11	Vernon	Dave Battison	8	4	4	
TOTALS:			15	7	8	
<hr/>						
	2007-2008	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Total Workshops		0	1	0	1	2
Total Participants		0	11	0	7	15

NCCP CCI Advanced (T2T Dryland)
Workshops & Participants - Last six years



NCCP CCI Advanced (T2T On-Snow)
Workshops & Participants - Last six years



The Year at a Glance 2012 - 2013

Coaching Certification Statistics (con't.)

Special Clinics and Seminars

	<i>Date</i>	<i>Location</i>	<i>Workshop</i>	<i>LF's</i>	<i># of Participants</i>	<i>Male</i>	<i>Female</i>
1	Nov 23 - 25	Vernon	Ski Prep	Graham Maclean	12	10	2
				TOTALS:	12	10	2

	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>	<i>2011-2012</i>	<i>2012-2013</i>
Total Workshops	0	0	2	2	0	1
Total Participants	0	0	106	27	0	12

NCCP Learning Facilitator Clinics

	<i>Date</i>	<i>Location</i>	<i>Workshop</i>	<i>LF's</i>	<i># of Participants</i>	<i>Male</i>	<i>Female</i>
1	Sept 14-16	Canmore, Alberta	ICC / CC	Georgia Manhard	6	2	4
				TOTALS:	6	2	4

	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>	<i>2011-2012</i>	<i>2012-2013</i>
Total Clinics	0	3	0	0	2	1
Total Participants	7	13	0	3	5	6

The Year at a Glance 2012-2013

A total of **641** coaches took part in CCBC Coaching Development Opportunities during

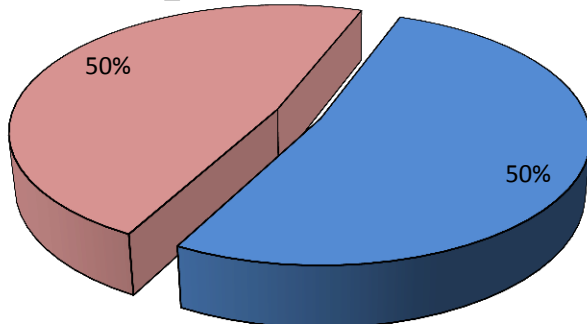
2012 - 2013

This includes NCCP
Coaching Workshops, Coaching Assignments,
Provincial Coaching Experience Assignments (PCE), etc.

Of these, **482** were participating in NCCP

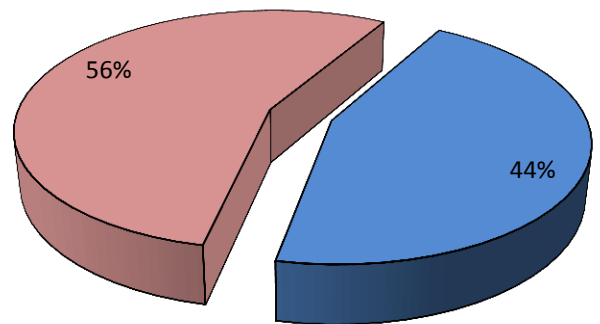
Male/Female Coach ratio who took part in
"Coaching Development Certification
Programs"
during the 2012-2013 Season

■ Male Coaches 50%
■ Female Coaches 50%



Male / Female Coach ratio who took Part in
"Coaching Development Opportunities"
during the 2012-2013 Season

■ Male Coaches 44%
■ Female Coaches 56%



The Year at a Glance 2012-2013

Provincial Camps Program

(including) Provincial Coaching Experience (PCE) Assignments

Date	CAMPS	Location	Coaches
May 11 - 13, 2012	Teck Regional Snow Camp	Rossland, BC (Kootenay Region)	Dave Wood (HC)
May 11 - 13, 2012	Teck Regional Snow Camp	Rossland, BC (Kootenay Region)	Paul Freeze
May 11 - 13, 2012	Teck Regional Snow Camp	Rossland, BC (Kootenay Region)	Fred Bushell
May 11 - 13, 2012	Teck Regional Snow Camp	Rossland, BC (Kootenay Region)	Bob Sawyer
May 11 - 13, 2012	Teck Regional Snow Camp	Rossland, BC (Kootenay Region)	Dave Reynolds
May 11 - 13, 2012	BC Para-Nordic Spring Camp	Vernon, BC	Tony Chin (HC)
May 11 - 13, 2012	BC Para-Nordic Spring Camp	Vernon, BC	Kathy Oxner
May 11 - 13, 2012	BC Para-Nordic Spring Camp	Vernon, BC	Mary Benson
May 11 - 13, 2012	BC Para-Nordic Spring Camp	Vernon, BC	Andrea Bundon
May 11-14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Dave Battison (HC)
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Andrea Stapff (Jr. Team, AHC)
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Tim McGrady (Devo - Co-Coach)
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Berend Henckel (Devo - Co-Coach)
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Laura Johnston
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Don Johnston
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Dave Damery
May 11 - 14, 2012	Teck Regional Snow Camp	Mt Washington (Coast Region 6)	Sarah Henckel
May 18 - 21, 2012	CCBC Spring Dryland Camp	100 Mile House, BC	Graham Maclean (HC) BCDS
May 18 - 21, 2012	CCBC Spring Dryland Camp	100 Mile House, BC	Jake Weaver
May 18 - 21, 2012	CCBC Spring Dryland Camp	100 Mile House, BC	Adam Elliot
May 18 - 21, 2012	CCBC Spring Dryland Camp	100 Mile House, BC	Tracy Moore
May 28 - June 3, 2012	May Snow Camp	WOP, Callaghan Valley, BC	Chris Manhard (HC) CVTC
May 28 - June 3, 2012	May Snow Camp	WOP, Callaghan Valley, BC	Graham Maclean
May 30 - June 3, 2012	May Snow Camp (Canalled)	WOP, Callaghan Valley, BC	Jake Weaver (HC) BCST
June 12 - 17, 2012	June Snow Camp	Callaghan Valley, BC	Chris Manhard (HC) CVTC
June 12 - 17, 2012	June Snow Camp	Callaghan Valley, BC	Graham Maclean
July 12 - 30, 2012	Haig Glacier/Canmore Dryland Camp	Canmore, AB	Chris Manhard (HC) CVTC / CCC TS
July 12 - 30, 2012	Haig Glacier/Canmore Dryland Camp	Canmore, AB	Andrew Casey (PCE)
July 12 - 30, 2012	Haig Glacier/Canmore Dryland Camp	Canmore, AB	Graham Maclean
July 30 - Aug 7, 2012	Haig Glacier Camp	Canmore, AB	Adam Elliot (HC) BCST
July 30 - Aug 7, 2012	Haig Glacier Camp	Canmore, AB	Graham Maclean
July 30 - Aug 7, 2012	Haig Glacier Camp	Canmore, AB	Dave Wood (Coach Mentor)
July 30 - Aug 7, 2012	Haig Glacier Camp	Canmore, AB	Jake Weaver
Aug 29 - Sept 2, 2012	CCBC August Dryland Camp	100 Mile House, BC	Brian May (HC) BCTS
Aug 29 - Sept 2, 2012	CCBC August Dryland Camp	100 Mile House, BC	Andrew Casey (PCE)
Aug 29 - Sept 2, 2012	CCBC August Dryland Camp	100 Mile House, BC	Camille Cheskey (PCE)
Aug 29 - Sept 2, 2012	CCBC August Dryland Camp	100 Mile House, BC	David Morris (PCE)
Aug 29 - Sept 2, 2012	CCBC August Dryland Camp	100 Mile House, BC	Tracy Moore (PCE)
Sept 13 - 16, 2012	Fall Dryland Camp	Revelstoke, BC	Chris Manhard (HC) CVTC/CCC TS
Sept 13 - 16, 2012	Fall Dryland Camp	Revelstoke, BC	Camille Cheskey (PCE)
Sept 13 - 16, 2012	Fall Dryland Camp	Revelstoke, BC	Lisa Perry (PCE)

Sept 13 - 16, 2012	Fall Dryland Camp	Revelstoke, BC	Graham Maclean (HC) BCST
Sept 13 - 16, 2012	Fall Dryland Camp	Revelstoke, BC	Jake Weaver
Sept 17 - 21, 2012	Fall Dryland Camp	Rosland, BC	Chris Manhard (HC) CVTC
Sept 17 - 21, 2012	Fall Dryland Camp	Rosland, BC	Lisa Perry (PCE)
Sept 17 - 21, 2012	Fall Dryland Camp	Rosland, BC	Graham Maclean
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Mt Washington (Coast Region 6)	Dave Battison (HC)
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Mt Washington (Coast Region 6)	Andrea Stapff
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Mt Washington (Coast Region 6)	Berend Henckel
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Jake Weaver (HC)
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Dave Lumb (assistant HC)
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Jessica Heyes
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Siobhan Dawson
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Birgit Weaver
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Dave Morris
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Greg Goodwin
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Brent Murdoch
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Whistler, BC (Coast Region)	Jessica Aldighieri
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Andrew Casey (HC)
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Carolyn Seip
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Robbie Martin
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Erik Jensen
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Jody Hoffman
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Jacqui Benson
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Jim Connon
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Allie Dickson
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Tim Roots
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	Prince George, BC (Northern Region)	Arthur Roots
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Adam Elliot (HC)
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Gillian Warner
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Ross McKinnon
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Darren Derochie
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Rob Hart
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Marta Green
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	James Skinner
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Jason Ladyman
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Randi Ostby
Sept 21 - 23, 2012	Teck Regional Fall Dryland Camp	West Kelowna, BC (Okanagan Region)	Alan Corbett
Sept 22 - 23, 2012	Fall Dryland Camp	Kelowna, BC	Chris Manhard (HC) CVTC
Sept 22 - 23, 2012	Fall Dryland Camp	Kelowna, BC	Graham Maclean
Sept 27 - Oct 1, 2012	CCBC Fall Dryland Camp	Revelstoke, BC	Adam Elliot (HC) BCDS
Sept 27 - Oct 1, 2012	CCBC Fall Dryland Camp	Revelstoke, BC	Dave Wood
Sept 27 - Oct 1, 2012	CCBC Fall Dryland Camp	Revelstoke, BC	Jeff Sim (PCE)
Sept 28 - 30, 2012	Teck Regional Fall Dryland Camp	Kimberley, BC (Kootenay Region)	Frank Ackermann (HC)
Sept 28 - 30, 2012	Teck Regional Fall Dryland Camp	Kimberley, BC (Kootenay Region)	Paul Freeze
Sept 28 - 30, 2012	Teck Regional Fall Dryland Camp	Kimberley, BC (Kootenay Region)	Darren Tamelin
Sept 28 - 30, 2012	Teck Regional Fall Dryland Camp	Kimberley, BC (Kootenay Region)	Mark Merlo
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Jake Weaver (HC)
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Katie Weaver (organizer/coach)

Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Jessica Heyes
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Annika Richardson
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Chloe Hetherington
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Dot Forder
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Dave Morris
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Matan Guttman
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Seth Putnam Rea
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Kayden Sim
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Cam Fitzmaurice
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Zayne Heyes
Oct 13, 2012	Teck Regional Fall Dryland Camp	Whistler (Sea to Sky Region)	Rowan Morris
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Chris Werrell (HC)
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Alex Woods
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Larry McCulloch
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Bill Vandenburg
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Eric Jensen
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Amy Copland
Oct 12 - 14, 2012	Teck Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Irene Ronalds
Nov 8 - 12, 2012	CCBC Fall Para-Nordic Snow Camp	Canmore, AB	Tony Chin (HC)
Nov 8 - 12, 2012	CCBC Fall Para-Nordic Snow Camp	Canmore, AB	Mary Brennan
Nov 8 - 12, 2012	CCBC Fall Para-Nordic Snow Camp	Canmore, AB	Andrea Bundon
Nov 8 - 12, 2012	CCBC Fall Para-Nordic Snow Camp	Canmore, AB	Debbie Koerber
Nov 14 - 18, 2012	CCBC Fall Snow Camp	Vernon, BC	Dave Wood (HC) BCST
Nov 14 - 18, 2012	CCBC Fall Snow Camp	Vernon, BC	Adam Elliot (PCE)
Nov 14 - 18, 2012	CCBC Fall Snow Camp	Vernon, BC	Chris Werrell (PCE)
Nov 14 - 18, 2012	CCBC Fall Snow Camp	Vernon, BC	Jack Weaver PCE BCDS
Nov 14 - 18, 2012	CCBC Fall Snow Camp	Vernon, BC	Gillian Warner (PCE)
Nov 14 - 18, 2012	CCBC Fall Snow Camp	Vernon, BC	Jessica Aldighieri (PCE)
Nov 19 - 23, 2012	CVTC Fall Snow Camp	Whistler, BC	Chris Manhard (HC) CVTC
Nov 19 - 23, 2012	CVTC Fall Snow Camp	Whistler, BC	Maria Lundgren (PCE)
Nov 23 - 26, 2012	CCBC Fall Snow Camp	Vernon, BC	Brian May (HC) BCTS
Nov 23-26, 2012	CCBC Fall Snow Camp	Vernon, BC	Abigail May (PCE)
Nov 23-26 2012	CCBC Fall Snow Camp	Vernon, BC	David Morris (PCE)
Nov 23-26, 2013	CCBC Fall Snow Camp	Vernon, BC	Darren Derochie (PCE)
Nov 23-26 2013	CCBC Fall Snow Camp	Vernon, BC	Greg Goodwin (PCE)
Nov 24 - 25, 2012	Teck Regional Snow Camp	Rosland, BC (Kootenay Region)	Cancelled
Dec 14-16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan)	Adam Elliot (HC)
Dec 14-16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan)	Emily Moreal
Dec 14-16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan)	Darren Derochie
Dec 14-16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan)	Matt Smyder
Dec 14-16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan)	Paul Shipley
Dec 14-16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan)	James Williams
Dec 14 - 16, 2012	Teck Regional Dryland Camp	Smithers, BC (Northern Region)	Chris Werrell (HC)
Dec 14 - 16, 2012	Teck Regional Dryland Camp	Smithers, BC (Northern Region)	Amy Copland
Dec 14 - 16, 2012	Teck Regional Dryland Camp	Smithers, BC (Northern Region)	Alex Woods
Dec 14 - 16, 2012	Teck Regional Dryland Camp	Smithers, BC (Northern Region)	Anne-Marie Findlay
Dec 14 - 16, 2012	Teck Regional Dryland Camp	Smithers, BC (Northern Region)	Irene Ronalds
Dec 14 - 16, 2012	Teck Regional Dryland Camp	Smithers, BC (Northern Region)	Wanda Nemethy

Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Jessica Aldighieri (HC)
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Jessica Heyes
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Kajsa Heyes
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Greg Goodwin
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	David Lumb
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	David Morris
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Brent Murdoch
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Adriene Underhill
Dec 14 - 16, 2013	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Tony Yuka Feuz
Dec 14 - 16, 2014	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Munro Duncan
Dec 14 - 16, 2012	Teck Regional Snow Camp	Whistler, BC (Coast Region)	Siobhan Dawson
Dec 14 - 16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan Region)	Adam Elliott (HC)
Dec 14 - 16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan Region)	Bruce Granstrom
Dec 14 - 16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan Region)	Marta Green
Dec 14 - 16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan Region)	Gillian Warner
Dec 14 - 16, 2012	Teck Regional Snow Camp	Vernon, BC (Okanagan Region)	Rebecca Tyson
Dec 27 - 30, 2012	Teck Regional Christmas Camp	Mt. Washington, BC (Island Region)	David Battison (HC)
Dec 27 - 30, 2012	Teck Regional Christmas Camp	Mt. Washington, BC (Island Region)	Andrea Stapff
Dec 27 - 30, 2012	Teck Regional Christmas Camp	Mt. Washington, BC (Island Region)	Tim McGrady
Dec 27 - 30, 2012	Teck Regional Christmas Camp	Mt. Washington, BC (Island Region)	Berend Henckel
Dec 27 - 30, 2012	Teck Regional Christmas Camp	Mt. Washington, BC (Island Region)	Don Johnston
Mar 1 - 3, 2013	Para Nordic Snow Camp	Whistler, BC	Tony Chin (HC)
Mar 1 - 3, 2013	Para Nordic Snow Camp	Whistler BC	Tian Fowler

Total COACHES & PCE Coaches for 2012-2013 CAMPS

159 / 20

The Year at a Glance 2012-2013

Provincial Trips Program

(including) Provincial Coaching Experience (PCE) Assignments

Date	COMPETITIONS	Location	Coaches
Jan 3 - 6, 2013	World Jr/U23 Championships	Cantley, QC	Chris Manhard (HC) CVTC
Jan 3 - 6, 2013	World Jr/U23 Championships	Cantley, QC	Graham Maclean
Jan 3 - 6, 2013	World Jr/U23 Championships	Cantley, QC	Neil Manhard
Jan 3 - 6, 2013	World Jr/U23 Championships	Cantley, QC	Dave Wood
Jan 3 - 6, 2013	World Jr/U23 Championships	Cantley, QC	Dave Reynolds
Feb 22-24, 2013	Western Canadian Championships	Grand Prairie, AB	Chris Manhard - CVTC (HC)
Feb 22-24, 2013	Western Canadian Championships	Grand Prairie, AB	Graham Maclean - CVTC
Feb 22-24, 2013	Western Canadian Championships	Grand Prairie, AB	Neil Manhard - CVTC
Feb 1-3, 2013	Eastern Canadian Championships	Cantley, QC	Gary Carlson (HC) PCE
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Chris Manhard (HC) CVTC
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Graham Maclean
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Jake Weaver
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Graham Maclean
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Maria Lundgren
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Neil Manhard
Mar 23-30, 2013	National Championships	Callaghan Valley, BC	Matthew Smider (PCE)

Total COACHES & PCE Coaches for 2012 COMPETITIONS

16 / 2

DRAFT 2013-14 NCCP Coaching Workshop Schedule

Coaching workshops for next year should be scheduled now! Please notify us by return email of your preferred dates and contact info.

April 5-7	L2T (Dryland)	Salmon Arm	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
April 12-14	T2T (Dryland)	Vernon	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
May 8-12	L2C (Dryland)	Canmore, AB	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
May 10 – 12	CC	Vernon	Darren Derochie	(coach@sovereignlake.com)	(250) 307-8626
May 31 – June 2	L2T (Dryland)	Fernie	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
Sept TBD	T2T (Dryland)	Vernon	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
Oct (TBD)	ICC	Kelowna	Deren Sentesy	(derens@gmail.com)	(250) 979-8005
Oct 4-5	ICC	Kimberley	Thom Tarte	(thom@togsntoys.ca)	(250) 427-4415
Oct 11-13	L2T (Dryland)	Prince George	Peder Nasset	(jackrabbits@caledonianordic.com)	(250) 691-8259
Oct 11-12	ICC	Salmon Arm	Megan Brooke	(meganbrook@yahoo.ca)	(250) 832-4904
Oct 11-13	L2T (Dryland)	Vancouver	Russ Stothers	(rlstothers@gmail.com)	(604) 986-9575
Oct 18-19	ICC	Prince George	Peder Nasset	(jackrabbits@caledonianordic.com)	(250) 691-8259
Oct 18-19	ICC	Sun Peaks	Phil Youwe	(pyouwe@hotmail.com)	(250) 578-7734
Oct 18-19	ICC	Kitimat	Liz Thorne	(ejthorne@telus.net)	(250) 632-6055
Oct 18-19	ICC	Houston	Kelly Favron	(kelly.favron@westfraser.com)	(250) 845-0097
Oct 25-26	ICC	Nelson	Nancy Quackenbush	(nquackenbush@sd8.bc.ca)	(250) 354-3806
Oct 25-26	ICC	Pemberton	Delores Frans Los	(dfilos@hotmail.com)	(604) 894-6182
Nov 1-2	ICC	Vancouver	Russ Stothers	(rlstothers@gmail.com)	(604) 986-9575
Nov 1-2	ICC	Courtenay	Doug Herchmer	(dhrecreation@shaw.ca)	(250) 248-2233
Nov 1-2	ICC	Quesnel	Peter van Leusden	(vanleusp@quesnelbc.com)	(250) 992-7206
Nov 7-10	L2C (On-Snow)	Canmore, AB	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
Nov 8-9	ICC	Penticton	Audrey Perry	(audrey@pathcom.ca)	(250) 497-6003
Nov 15-16	ICC	Vancouver	Russ Stothers	(rlstothers@gmail.com)	(604) 986-9575
Nov 15-17	L2T (Dryland)	Courtenay	Doug Herchmer	(dhrecreation@shaw.ca)	(250) 248-2233
Nov 15-17	CC	Sun Peaks	Phil Youwe	(pyouwe@hotmail.com)	(250) 578-7734
Nov 22-24	CC	Whistler	Suki Cheyne	(admin@whistlernordics.com)	(604) 938-6441
Nov 22-24	CC	Vancouver	Russ Stothers	(rlstothers@gmail.com)	(604) 986-9575
Nov 22-24	CC	Castlegar	Ann Quartermann	(keithann@netidea.com)	(250) 362-5956
Nov 22-23	ICC	Prince George	Peder Nasset	(jackrabbits@caledonianordic.com)	(250) 691-8259
Nov (TBD)	CC	Kelowna	Deren Sentesy	(derens@gmail.com)	(250) 979-8005
Nov 22-24	L2T (Dryland)	Sun Peaks	Phil Youwe	(pyouwe@hotmail.com)	(250) 578-7734
Nov 29-Dec 1	L2T (On-Snow)	Prince George	Peder Nasset	(jackrabbits@caledonianordic.com)	(250) 691-8259
Nov 29-Dec 1	CC	Houston	Kelly Favron	(kelly.favron@westfraser.com)	(250) 845-0097
Nov 29-Dec 1	CC	Vancouver	Russ Stothers	(rlstothers@gmail.com)	(604) 986-9575
Nov 29-Dec 1	L2T (On Snow)	Vancouver	Russ Stothers	(rlstothers@gmail.com)	(604) 986-9575
Nov 29-Dec 1	CC	Kimberley	Thom Tarte	(thom@togsntoys.ca)	(250) 427-4415
Nov 29-Dec 1	T2T (On-Snow)	Callaghan Valley	Verna Wagner	(programs@crosscountrybc.ca)	(250) 545-9600
Dec 6-8	CC	Prince George	Peder Nasset	(jackrabbits@caledonianordic.com)	(250) 691-8259
Dec 6-8	CC	Penticton	Audrey Perry	(audrey@pathcom.ca)	(250) 497-6003
Dec 13-15	CC	Courtenay	Doug Herchmer	(dhrecreation@shaw.ca)	(250) 248-2233
Dec 13-15	CC	Prince George	Peder Nasset	(jackrabbits@caledonianordic.com)	(250) 691-8259
Jan 3-5	L2T (On-Snow)	Courtenay	Doug Herchmer	(dhrecreation@shaw.ca)	(250) 248-2233
Jan 3-5	CC	Quesnel	Peter van Leusden	(vanleusp@quesnelbc.com)	(250) 992-7206

Please notify Verna Wagner, CCBC Program Coordinator by a return email with the “name of the course(s)” you would like to host at your location. Please include the “preferred dates”, “club contact” and “club contact phone number & email address” as show above.

The seven steps/workshops and one PD module now available in the new competency-based NCCP are:

- **Introduction to Community Coaching (ICC) Workshop** (10 hrs). This program is designed to provide parents and other beginner coaches with basic information and a feeling of confidence as they begin their role as a coach. The orientation is towards skiers of all age groups with an emphasis on working with children under six years of age (Active Start stage of athlete development). Workshops should be held prior to the snow season and can be scheduled anytime between now and next winter.
- **Community Coaching (CC) Workshop** (16 hrs). This program provides essential training for coaches delivering skill development programs to children six to nine years of age (FUNdamentals stage of

athlete development). Snow is required so workshops need to be scheduled after the beginning of next winter.

- **Community Coaching AWAD Module** (5 hrs) for coaches of skiers with a disability. Classroom and on-snow sessions held in conjunction with a learn to ski camp.
- **Learning to Train - (L2T Dryland) Workshop** (18.25 hrs). This program is directed at coaches working with children ten to twelve years of age (Learning to Train stage of athlete development). Coaches are taught about developmental age, physical literacy, team building, athletic components (aerobic fitness, speed, etc.), nutrition, how to design their own sport program, adventure-based activities (year-round), roller-skiing and planning a practice. Courses should be held **prior** to the snow season and can be scheduled anytime between now and next winter.
- **Learning to Train - (L2T On-snow) Workshop** (16 hours). This program is also directed at coaches working with children ten to twelve years of age. It is designed to train coaches on team management, supporting athletes at a competition, teaching and learning, equipment selection, ski preparation and how to effectively teach ski technique. Snow is required, and workshops should be scheduled after the beginning of next winter.
- **Training to Train - (T2T Dryland) Workshop** (17.5 hrs). This program provides essential training for coaches working with junior racing programs, and specifically with athletes 12 to 16 years of age (Training to Train stage of athlete development). Courses should be held **prior** to the snow season and can be scheduled anytime between now and next winter.
- **Training to Train - (T2T On-snow) Workshop** (17 hours). This program is also directed at coaches working with athletes twelve to sixteen years of age. Snow is required, and workshops should be scheduled after the beginning of next winter.
- **Learning to Compete – (L2C Dryland) Workshop** (5 days). This program is directed at coaches working with athletes 16 to 20 years of age. Workshops are scheduled by Cross Country Canada approximately once per year.

NOTES:

- New coaches must begin their training by taking the Introduction to Community Coach (ICC) Workshop for cross-country skiing! Note that this is a sport-specific workshop, and should not be confused with the generic ICC (theory) courses advertised by the Coaching Association of BC.

2012-2013

YEAR END REPORT



Cross Country BC

Officials

The Year at a Glance 2012-2013

Officials Technical Delegates / Advisors Statistics

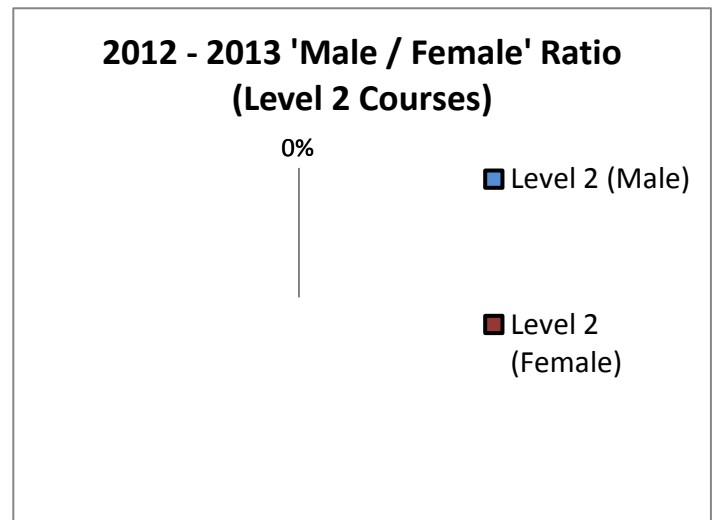
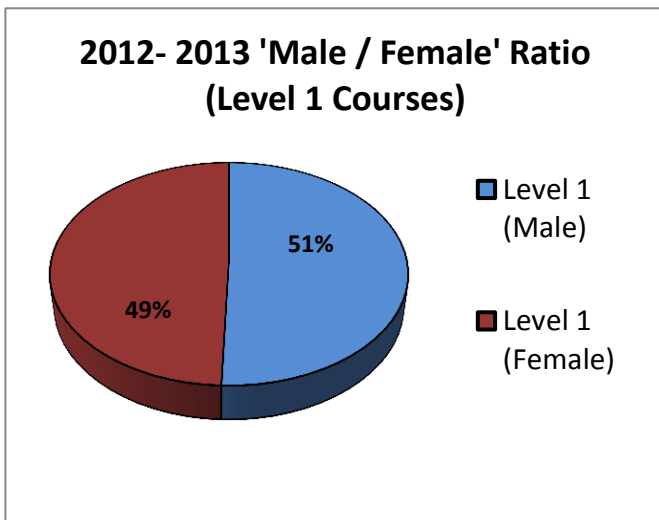
2012-2013				
Technical Delegates/Advisors for Sanctioned Events in BC				
<u>EVENT</u>	<u>DATE</u>	<u>LOCATION</u>	<u>TD/TA</u>	<u>Assistant</u>
Teck BC Cup #1	Dec 8 - 9, 2012	Vernon	***Blair Dunbar	Dirk Rohde
Teck BC Cup #2	Jan 12-13, 2013	Kelowna	Dan Miller	
Reino Keski Salmi Loppet	Jan 19, 2013	Salmon Arm	Sam Robbins	
Cariboo Marathon	Feb 9, 2013	100 Mile House	Dirk Rohde (CANCELLED)	
Teck BC Championships	Feb 2 - 3, 2013	Prince George	Mark Blayney	
Sigge's P'ayakentsut	Feb 23, 2013	Callaghan Valley	Sharon Clark	
Teck BC Midget Championships	Mar 2-3, 2013	Revelstoke	Jillian Stamp	
Sovereign Lake Loppet	Mar 10, 2013	Vernon	Denis Brown	
***CCC Appointments				

The Year at a Glance 2012-2013

Officials Courses Details

2012-2013 Officials Courses					
LEVEL	DATE	LOCATION	CONDUCTOR	M/F	TOTAL
Level 1	October 6, 2012	Prince George	Jim Burbee	5 / 7	12
Zone4 Intro. Clinic	October 13, 2012	Kamloops	Jillain Stamp	10 / 9	19
Zone4 Adv. Clinic	October 14, 2012	Kamloops	Luc Guiherme	9 / 11	20
Level 1	October 27, 2012	Revelstoke	Sharon Clark	7 / 2	9
Level 1	Noverber 17, 2012	Vancouver	Dirk Rohde	7 / 6	13
Level 1	Noverber 17, 2012	Vernon	Nancy Flood	5 / 7	12
TOTAL				43 / 42	85

2012 - 2013 Officials Courses 'Male / Female' Ratio



The Year at a Glance 2011-2012

Officials Certification Statistics (with six year comparison)

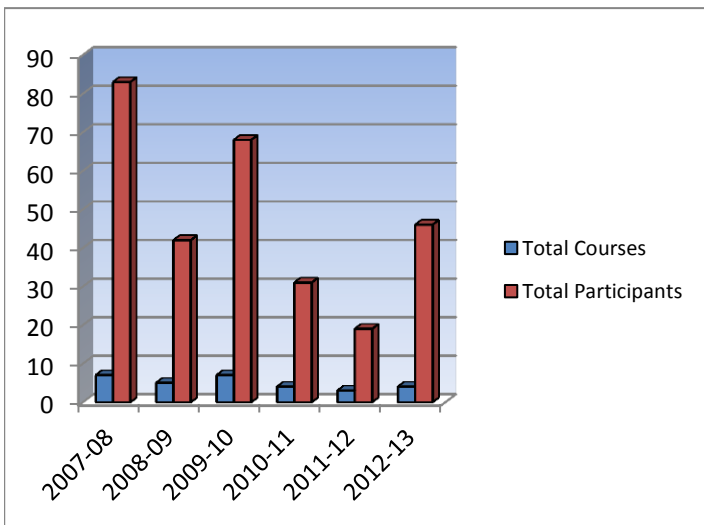
Officials Level 1 Courses						
	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
Total Courses	7	5	7	4	3	4
Total Participants	83	42	68	31	19	46

Officials Level 2 Courses						
	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
Total Courses	3	1	4	1	0	0
Total Participants	38	11	36	6	0	0

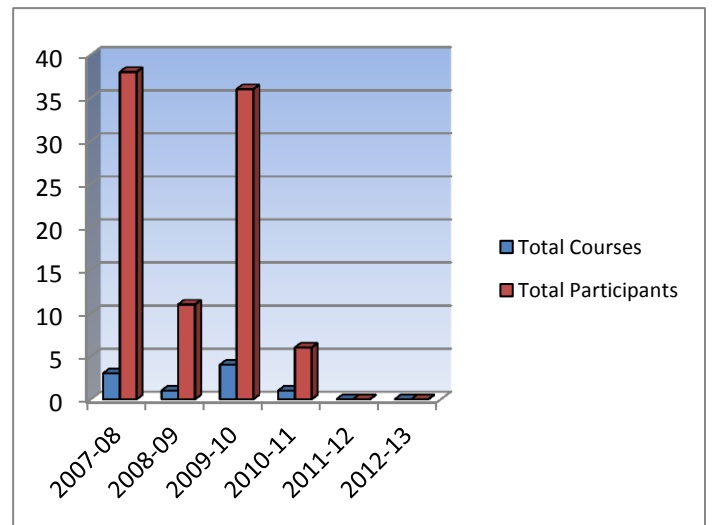
Officials Level 3 Courses						
	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
Total Courses	0	0	0	0	0	0
Total Participants	0	0	0	1	1	0

Officials TD Course and Special Seminars						
	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
Total Courses	4	0	0	2	0	0
Total Participants	64	0	0	20	0	0

Officials Level 1 Courses 2012-2013



Officials Level 2 Courses 2012-2013





Cross Country BC

Preliminary Officials Course Schedule

2013 - 2014

<u>Date</u>	<u>Course</u>	<u>Location</u>	<u>Contact</u>	<u>Email Address</u>	<u>Phone Number</u>
Oct (TBD)	Officials Level 1	Rosland	Rob Spiller	rob_spiller@hotmail.com	250-362-2207
Oct 19	Officials Level 1	Fernie	Clarke Weber	bluerockeng@telus.net	250-430-1582
Oct/Nov (TBD)	Officials Level 1	Prince George	Jim Burbee	competitions@caledonianordic.com	250-564-1518
Oct/Nov (TBD)	Officials Level 2	Prince George	Jim Burbee	competitions@caledonianordic.com	250-564-1518
Oct/Nov (TBD)	ZONE4 (Introduction)	(TBD)	Verna Wagner	programs@crosscountrybc.ca	250-545-9600
Oct/Nov (TBD)	ZONE4 (Advanced)	(TBD)	Verna Wagner	programs@crosscountrybc.ca	250-545-9600
Nov (TBD)	Officials Level 2	Rosland	Rob Spiller	rob_spiller@hotmail.com	250-362-2207
Jan 9-12	Officials Level 3	Canmore, AB	Verna Wagner	programs@crosscountrybc.ca	250-545-9600

CCC OFFICIALS CERTIFICATION PROGRAM

This program consists of five steps from entry level to international level. It includes course conductor training, technical delegate training and event management as well as technical training.

Level 1

This is a 10 hour course that provides an overview of what a cross country ski competition is all about. The focus is on the duties of minor officials for both Olympic Style (individual start, mass start, pursuit start, relay start and sprints) and Loppet Style (mass participation) competitions.

Prerequisite: None.

Course fee for CCBC members: \$60.00

Course fee for non-members: \$75.00

Level 2

This is a 16 hour course that prepares officials for a leadership role on a competition committee for club, provincial and national competitions including the BC Cup Series, BC Winter Games and loppets. The course covers all official race formats, rules and regulations, rule interpretation, electronic timing, all aspects of the results system, and volunteer management.

Prerequisite: Level 1 Officials Course & practical race experience.

Course fee for CCBC members: \$75.00

Course fee for non-members: \$90.00

Level 3

This is a 3.5 day course. It is designed to prepare officials to:

- 1) effectively structure, staff and manage a Competition Committee at provincial through National Level competitions; and
- 2) perform any 'major' officials' role at the National Championship level; and
- 3) perform the role of a provincial Technical Delegate; and
- 4) have a good understanding of CCC/FIS rules.

Prerequisite: Level 2 Officials Course, Provincial recommendation (CCBC) & practical race experience.

ZONE4 CLINICS

ZONE4 is Cross Country BC's official race management software. All nationally and provincially sanctioned competitions held in BC – Regional Cup Series, BC Cup Series, BC Midget Championships, Nor Ams and National Championships - produce standardized results through the use of this program.

ZONE4 Clinic – Introduction (7 hours):

This clinic provides a introduction (basic concepts & management focused) overview of Zone4 and will prepare participants to use it for running club races, regional cup races and similar types of events.

Zone4 - Introduction clinic Objectives:

- + preliminary Zone4 website race set-up;
- + the tasks of the competition secretary and timekeeping departments as they relate to ZONE4;
- + online registration;
- + preparing a start list for the different race formats (interval, individual sprint, team sprint, traditional relay, pursuit and mass start);
- + up to and including doing a draw & producing & posting results, etc.

Prerequisite: Level 1 Officials Course.

Clinic fee for CCBC members: \$65.00

Clinic fee for non-members: \$85.00

ZONE4 Clinic – Advanced (8 hours): ZONE4 Clinic – Advanced (8 hours): This clinic provides an advanced (complex) overview of Zone4 and will prepare an advance official the technical knowledge for running club races, regional cup races, Nor Ams, National Championships and similar types of events.

Zone4 - Advanced clinic Objectives:

- + advanced preparation of competition secretary and timekeeping department as they relate to ZONE4;
- + interfacing the software program with electronic timing equipment;
- + troubleshooting: finding and eliminating problems (unanticipated race surprises);
- + dealing with deadlines;
- + producing & posting results, etc.

Prerequisite: ZONE4 Clinic - Introduction.

Clinic fee for CCBC members: \$85.00

Clinic fee for non-members: \$105.00

2012-2013
YEAR END REPORT



Cross Country BC
Competitions

2013 TECK BC CUP SERIES AGGREGATE AWARDS

Pee Wee Boys - 2004		
1	Nikhil Filatow	Telemark Nordic Club
2	Eric Moore	Larch Hills Nordic Society
3	Garrett Siever	Telemark Nordic Club
Pee Wee Boys - 2003		
1	Trond May	Larch Hills Nordic Society
2	Damian Georgyev	Caledonia Nordic Ski Club
3	Nelson Luxmoore	Revelstoke Nordic Ski Club
Pee Wee Girls - 2004		
1	Julianne Moore	Larch Hills Nordic Society
2	Abby MacLean	Black Jack CC Ski Club
3	Zara Bucher	Larch Hills Nordic Society
Pee Wee Girls - 2003		
1	Sophia van Varseveld	Larch Hills Nordic Society
2	Jaclyn Elliot	Revelstoke Nordic Ski Club
3	Claire van Bergeyk	Larch Hills Nordic Society
Bantam Boys - 2002		
1	Stephen Moore	Larch Hills Nordic Society
2	Grayson McKinnon	Telemark Nordic Club
3	Calvin Hepburn	Larch Hills Nordic Society
Bantam Boys - 2001		
1	Ian Oliphant	Sovereign Lake Nordic Club
2	Hayden Mallett	Revelstoke Nordic Ski Club
3	Ben van Bergeyk	Larch Hills Nordic Society
Bantam Girls - 2002		
1	Keeya Corbett	Larch Hills Nordic Society
2	Maggie Beckner	Larch Hills Nordic Society
3	Lillian Bakker	Larch Hills Nordic Society
Bantam Girls - 2001		
1	Hanneli Ladyman	Overlander Ski Club
2	Aria Izik-Dzurko	Larch Hills Nordic Society
3	Leah Nash	Larch Hills Nordic Society
Midget Boys -2000		
1	Micheal Murdoch	Whistler Nordic Ski Club
2	Konrad van Varseveld	Larch Hills Nordic Society
3	Ian Williams	Telemark Nordic Club

Midget Boys - 1999		
1	Tallon Nobel	Strathcona Nordic Ski Club
2	Travis Pete	Bulkley Valley CC Ski Club
3	David Bakker	Larch Hills Nordic Society
Midget Girls - 2000		
1	Maxine Forder	Hollyburn CC Ski Club
2	Alana Brittin	Revelstoke Nordic Ski Club
3	Benita Peiffer	Whistler Nordic Ski Club
Midget Girls - 1999		
1	Annika Ackermann	Hollyburn CC Ski Club
2	Kaia Andal	Caledonia Nordic Ski Club
3	Jenna Sim	Hollyburn CC Ski Club
Juvenile Boys -1998		
1	Andrew Nash	Larch Hills Nordic Society
2	Cam Fitzmaurice	Hollyburn CC Ski Club
3	Nelson Kleer	Larch Hills Nordic Society
Juvenile Boys - 1997		
1	Gareth Williams	Telemark Nordic Club
2	Alexander Corbett	Larch Hill Nordic Society
3	Daniel Merlo	Black Jack CC Ski Club
Juvenile Girls - 1998		
1	Annika Richardson	Hollyburn CC Ski Club
2	Hannah Mehain	Sovereign Lake Nordic Club
3	Sage Bialuski	Caledonia Nordic Ski Club
Juvenile Girls - 1997		
1	Eliza-Jane Kitchen	Hollyburn CC Ski Club
2	Erica Kreitz	Caledonia Nordic Ski Club
3	Katie Weaver	Hollyburn CC Ski Club
Junior Boys - 1996		
1	John Connor	Larch Hills Nordic Society
2	Gabriel Price	Bulkley Valley CC Ski Club
3	Jonathan Bakker	Larch Hills Nordic Society
Junior Boys - 1995		
1	Thomas Hardy	Larch Hills Nordic Society
2	Sam Morris	Hollyburn CC Ski Club
3	Kyle Flatman	Larch Hills Nordic Society

Junior Girls - 1996		
1	Megan Evans	Revelstoke Nordic Ski Club
2	Elizabeth McKenzie-Case	Overlander CC Ski Club
3	Lauren Doak	Whistler Nordic Ski Club
Junior Girl - 1995		
1	Alexandra Myshak-Davis	Telemark Nordic Club
2	Nicole Vermey	Overlander CC Ski Club
3	Jennifer Wildi	Hollyburn CC Ski Club
Junior Men -1993-1994		
1	Colin Ferrie	Kimberley Nordic Ski Club
2	Julien Locke	Black Jack CC Ski Club
3	Stefan Sander-Green	Kimberley Nordic Ski Club
Junior Women - 1993-1994		
1	Kirsten Bock	100 Mile Nordic Ski Society
2	Nicole Perrin	Black Jack CC Ski Club
3	Nicki Murdoch	Whistler Nordic Ski Club
U23 Men		
1	Geoffrey Richards	Black Jack CC Ski Club
2	Martin Schrama	Whistler Nordic Ski Club
Master Men 30-39		
1	Trevor Embleton	Sovbereign Lake Nordic Club
Master Men 40-49		
1	Aaron Scott	Black Jack CC Ski Club
2	George Jackson	Larch Hills Nordic Society
3	Andrew Horemballa	
Master Men 50-59		
1	Kim Poole	Nelson Nordic Ski Club
2	Mike Fitzmaurice	Hollyburn CC Ski Club
3	Chuck Connor	Larch Hills Nordic Society
Master Men 60-69		
1	Gerry Morrison	Telemark Nordic Club
Master Men 70+		
1	Eric Rayson	Telemark Nordic Club
Master Women 30-39		
1	Sarah Purslow	Sovereign Lake Nordic Club

Master Women 40-49		
1	Jessica Heyes	Hollyburn CC Ski Club
Master Women 50-59		
1	May Hooper	Sovereign Lake Nordic Club
2	Marilyn Atkinson	Strathcona Nordic Ski Club
3	Louise Poole	Nelson Nordic Ski Club
Open Para-Nordic Sit-Ski - Men		
1	Kevin Priebe	Nordic Racers Ski Club
Open Para-Nordic Sit-Ski - Women		
1	Emily Suchy	Revelstoke Nordic Club
Open Para-Nordic Standing - Men		
1	Andy Lin	Nordic Racers Ski Club
Open Para-Nordic Standing - Women		
1	Sarah Mehain	Sovereign Lake Nordic Club

2013 BC CHAMPIONSHIP CLUB TROPHY

The BC Championship Club Trophy recognizes the achievements of club teams at the BC Championship. Point totals for 2013 are as follows:

Club	Points	Rank
Caledonia Nordic Ski Club	113	1
Larch Hills Nordic Society	88	2
Bulkley Valley Cross Country Ski Club	55	3
Hollyburn Cross Country Ski Club	45	4
Telemark Nordic Club	24	5
Whistler Nordic Ski Club	21	6
Strathcona Nordic Ski Club	18	7
Revelstoke Nordic Ski Club	17	8
Sovereign Lake Nordic Club	13	9
Overlander Ski Club	9	10

Number of clubs that accumulated points at the BC Championships:

2012-13	10
2011-12	16
2010-11	16
2009-10	12
2008-09	15
2007-08	17
2006-07	16
2005-06	16
2004-05	20
2003-04	21
2002-03	17
2001-02	21
2000-01	18
1999-00	19
1998-99	14

2013 TECK BC MIDGET CHAMPIONSHIPS

The Teck BC Midget Championships Club Trophy recognizes the achievements of club teams at the Teck BC Midget Championships. Point totals for 2013 are as follows:

Team	Total Points	Placing
Larch Hills Nordic Society	146	1
Strathcona Nordic Ski Club	125	2
Revelstoke Nordic Ski Club	93	3
Telemark Nordic Club	86	4
Whistler Nordics Ski Club	81	5
Hollyburn Cross Country Ski Club	75	6
Sovereign Lake Nordic Club	52	7
Kimberley Nordic Club	42	8
Methow Valley Nordic Club	41	9
Bulkley Valley Cross Country Ski Club	25	10
Overlander Ski Club	21	11
Nelson Nordic Ski Club	17	12
Spud Valley Nordic Association	16	13
Black Jack Cross Country Ski Club	14	14
Golden Nordic Ski Club	13	15
Toby Creek Nordic Ski Club	12	16
Caledonia Nordic Ski Club	8	17
Hills Nordic Ski Club	3	18

Best Technique Awards

Skate:

Kai McGrady (Strathcona Nordic Ski Club)
 Lauren Kilfoy-McKay (Whistler Nordic Ski Club)
 Oliver McDougal-Eisele (Nelson Nordic Ski Club)
 Sally Haaheim (Telemark Nordic Club)
 Scott McKinnon (Telemark Nordic Club)

Classic:

Arianna Morrone (Revelstoke Nordic Ski Club)
 Drew Kanigan (Overlander Ski Club)
 Johan Justus Henckel (Strathcona Nordic Ski Club)
 Novie McCabe (Methow Valley Ski Club)
 Sophie Lachapelle (Telemark Nordic Club)

RACING ROCKS!

BC Club Participation in Racing Rocks!

Club	2012-13
100 Mile Nordic Ski Society	70
Black Jack Cross Country Ski Club	14
Bulkley Valley Cross Country Ski Club	150
Caledonia Nordic Ski Club	380
Cariboo Ski Touring Club	153
Castlegar Nordic Club	100
Fernie Nordic Society	57
Golden Nordic Ski Club	40
Hollyburn Cross Country Ski Club	92
Kimberley Nordic Club	77
Nechako Nordics Ski Club	60
Nelson Nordic Ski Club	60
Nickel Plate Nordic Cross Country Ski Club	75
Omineca Ski Club	100
Spud Valley Nordic Association	60
Tetrahedron Outdoor Club	50
Totals	1538

Racing Rocks! National Overview

	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13	Totals
AB	80	130	250	0	27	298	655	290	410	2140
BC	521	844	427	503	307	608	710	920	1538	6378
MB	118	90	77	94	0	75	100	100	108	762
NB	42	0	0	0	104	113	200	280	210	949
NL	100	90	270	213	175	246	140	165	215	1614
NS	10	15	0	0	0	0	0	0	0	25
NT	0	0	130	0	0	0	0	77	60	267
ON	343	716	268	440	493	169	570	460	150	3609
PE	0	0	0	0	0	0	0	0	0	0
QU	110	200	93	61	0	46	75	70	70	725
SK	0	0	108	0	0	0	205	130	35	478
YT	0	130	97	0	0	185	200	368	293	1273
	1324	2215	1720	1311	1106	1740	2855	2860	3089	18220

CCC License Holders by Club

Club	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Arrow Lakes CC Ski Club	0	0	0	0	1	0	0	0
Black Jack CC Ski Club	3	5	6	9	10	13	13	12
Bulkley Valley CC Ski Club	13	21	21	10	7	12	6	7
Caledonia Nordic Ski Club	1	3	6	9	6	7	10	9
Golden Nordic Ski Club	0	0	2	3	3	3	1	0
Hills Nordic Ski Club	1	1	1	0	0	0	1	0
Hollyburn CC Ski Club	7	6	10	15	12	15	17	27
Kimberley Nordic Ski Club	3	4	6	5	7	6	5	6
Larch Hill Nordic Society	2	4	8	10	11	16	17	21
Nechako Nordics Ski Club	1	1	0	0	0	1	1	2
Nelson Nordic Ski Club	1	0	6	4	5	2	2	1
Nickel Plate CC Ski Club	0	0	0	1	1	0	0	1
Nordic Races Ski Club	4	9	12	8	12	7	1	9
Omineca Ski Club	6	7	9	8	7	5	0	0
100 Mile Nordic Ski Society	0	2	1	1	1	2	2	3
Overlander Ski Club	7	6	4	1	3	7	5	8
Revelstoke Nordic Ski Club	0	0	0	0	2	5	11	7
Snow Valley Nordic Ski Club	1	1	4	0	0	0	0	0
Sovereign Lake Nordic Club	14	18	17	30	19	14	8	11
Spud Valley Nordic Ass'n	2	1	0	1	0	0	0	0
Strathcona Nordic Ski Club	17	16	14	16	14	16	12	20
Telemark Nordic Club	1	14	11	7	7	11	10	13
UBC Nordic Ski Club	6	0	4	3	6	8	7	6
Whistler Nordic Ski Club	1	2	4	1	2	5	8	11
Williams Lake Nordic Ski Club	0	1	0	0	0	0	0	0
Total	91	122	146	142	136	155	137	174

CCC License Holders by Province

Division	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
AB	94	98	109	137	144	150	140	184	172	190
BC	53	78	92	122	146	142	136	155	137	174
MB	3	3	6	16	19	16	22	22	20	23
NB	22	8	7	11	6	6	11	14	13	6
NL	10	14	8	13	18	15	24	19	16	18
NS	12	4	8	10	4	1	8	14	10	10
NT	10	9	11	21	12	11	18	12	10	10
ON	212	205	242	249	245	285	260	298	299	312
PE	0	0	3	2	1	0	0	0	0	0
QU	89	96	147	184	206	210	194	189	224	207
SK	4	14	12	30	17	13	13	21	20	22
YT	10	13	20	19	18	20	36	23	22	23
Total	519	542	665	814	836	869	862	951	943	995

PARTICIPATION IN 2012-13 COMPETITIONS

DATE	EVENT	LOCATION		<i>Olympic Style</i>	<i>Loppet Style</i>
Nov 24	Teck Kootenay Cup #1 & #2	Golden BC	Day One	Cancelled	
Nov 25			Day Two	Cancelled	
Dec 2	Teck Coast Cup #1	Callaghan Valley		138	
Dec 8	Teck BC Cup #1/NorAm	Vernon	Day One	329	
Dec 9			Day Two	300	
Dec 29	Teck Northern Cup #1 & #2	Smithers	Day One	44	
Dec 30			Day Two	50	
Dec 30	Teck Okanagan Cup #1	Salmon Arm		236	
Jan 5	Teck Kootenay Cup #3 & #4	Rossland	Day One	44	
Jan 6			Day Two	85	
Jan 6	Kookaburra Loppet	Sun Peak	Day One		96
Jan 12	Teck BC Cup #2	Kelowna	Day One	363	
Jan 13			Day Two	375	
Jan 19	Teck Coast Cup #2	Whistler		229	
Jan 19	Reino Keski Salmi Loppet	Salmon Arm			464
Jan 26	Hallis Lake Loppet	Quesnel			100
Jan 26	Teck Kootenay Cup #5	Nelson	Day One	84	
Jan 26	Kitimat Open	Kitimat	Day One	34	
Jan 27	Kelowna Apple Loppet	Kelowna			202
Feb 2	Teck BC Championships	Prince George	Day One	229	
Feb 3			Day Two	249	
Feb 9	Nickel Plate Loppet	Penticton			116
Feb 9	Cariboo Marathon	100 Mile House			148
Feb 9	Team Scream	Revelstoke		83	
Feb 10	Tips Up Cup/SLNC Championship			79	
Feb 10	Chris Dahlie Open	Smithers		52	
Feb 10	Spud Valley Loppet	Pemberton			147
Feb 10	Huckleberry Loppet	Golden			98
Feb 16	Teck Okanagan Cup #2	Kamloops		186	
Feb 17	Overlander Loppet	Kamloops			167
Feb 16	Teck Kootenay Cup Finale #7 & 8	Kimberley	Day One	110	
Feb 17			Day Two	139	
Feb 17	Teck Northern Cup #3	Burns Lake		93	
Feb 17	The Lost Lake Loppet	Whistler			62
Feb 23	P'ayakentsut	Callaghan Valley			689
Feb 23	Spirit of Nechako	Vanderhoof		Cancelled	
Feb 23	Moose Marathon -no Snow	Kitimat			Cancelled
Feb 24	Holy Cow Loppet	Sun Peaks			63

PARTICIPATION IN 2012-13 COMPETITIONS pg 2

Mar 2	Black Jack Loppet	Rossland			58
Mar 2	Teck Northern Cup Finale-#4	Prince George		69	
Mar 2	Teck BC Midget Championships	Revelstoke	Day One	180	
Mar 3			Day Two	180	
Mar 3	Caledonia Loppet	Prince George			123
Mar 3	Lakes Loppet & Family Marathon	Burns Lake			25
Mar 9	Teck Coast Cup Finale #3 & #4	Mt Washington	Day One	152	
Mar 10			Day Two	131	
Mar 10	Sovereign Lake Loppet	Vernon			146
Mar 10	Teck Okanagan Cup Finale-#3	Vernon		153	
Mar 9	Wetzink'kwa Loppet	Smithers			145
Mar 10	Rendezvous Loppet	Fort Nelson			21
Mar 23	National Championships	Callaghan Valley	Day One	294	
Mar 24			Day Two	571	
Mar 26			Day Three	559	
Mar 27			Day Four	315	
Mar 28			Day Five	211	
Mar 30			Day Six	515	
April 13	Vancouver Island Loppet	Mt Washington			137
Total Number of Participants in Olympic Style Races				6861	
Total Number of Participants in Loppet Style Events					3007

Comparison of Previous Years Statistics:

2011/12	6196	2109
2010/11	5895	2706
2009/10	5382	2081
2008/09	4566	2595
2007/08	7040	2355
2006/07	5711	2339
2005/06	4593	2074
2004/05	4516	731
2003/04	3758	2805
2002/03	3959	2166
2001/02	4573	3278
2000/01	4077	3115
1999/00	3633	2917
1998/99	4428	2764
1997/98	3144	2238
1996/97	1827	2921

2012-2013
YEAR END REPORT



Cross Country BC

Financial

**CROSS COUNTRY BC
FINANCIAL STATEMENT, 2012-13**

March 31/13

Revenues

BC Government Grants		238,389
Contribution Agreement	222,371	
Other (BCSPP, etc.)	16,018	
CCBC Programs		278,458
Athlete Development	226,297	
Competitions	1,235	
Coaching Development	44,786	
Officials Development	6,140	
Club Development	0	
Marketing & Fundraising		116,967
BC Gaming Commission		50,000
Membership Fees		173,140
Donations		13,778
CCC Grants (NDC, AWAD)		91,850
Other		<u>17,125</u>
Total Revenues		\$979,707

Expenses

Programs		599,263
Athlete Development	476,804	
Coaching Development	58,137	
Officials Development	4,444	
Competitions	8,450	
Sport Promotion/Marketing	31,522	
Club Development	19,906	
Administration (staff, insurance)		235,900
Donations		13,778
Membership Fees		96,000
Coaching Staff		<u>30,876</u>
Total Expenses		\$975,817

**CROSS COUNTRY BC
BUDGET, 2013-14**

April 1/13

Revenue

Government Support		247,375
Provincial Government Grant	232,375	
Other	15,000	
CCBC Programs		377,100
Athlete Development	320,400	
Coaching Development	39,000	
Officials Development	5,200	
Club Development	0	
Competitions	12,500	
Marketing & Fundraising		148,100
BC Gaming Commission		80,000
CCC NDC Funding		85,000
Membership Fees		172,000
Donations		20,000
Coaching Grants		15,000
PN Grants		6,000
Other		<u>6,000</u>
Total Revenues		\$1,156,575

Expenses

Programs		780,250
Athlete Development	620,850	
Coaching Development	62,500	
Officials Development	8,000	
Club Development	23,500	
Competitions	17,000	
Marketing / Communications	48,400	
Administration (staff, insurance)		221,000
Donations		20,000
Membership Fees		102,000
Coaching Staff		<u>33,300</u>
Total Expenses		\$1,156,550

Unfunded

National Championships Trip		30,000
		\$30,000

Financial Statements of

CROSS COUNTRY BC

Years ended March 31, 2013 and 2012

CROSS COUNTRY BC

Statements of Financial Position

March 31, 2013, March 31, 2012 and April 1, 2011

	March 31, 2013	March 31, 2012	April 1, 2011
Assets			
Current assets:			
Cash	\$ 133,452	\$ 132,274	\$ 91,476
Inventories	71,388	66,457	60,889
Accounts receivable	51,592	55,408	35,251
Prepaid expenses	2,323	4,087	-
	<u>258,755</u>	<u>258,226</u>	<u>187,616</u>
Capital assets (note 2)	19,786	33,322	47,272
	<u>\$ 278,541</u>	<u>\$ 291,548</u>	<u>\$ 234,888</u>

Liabilities and Net Assets

Current liabilities:			
Accounts payable and accrued liabilities (note 3)	\$ 45,299	\$ 60,994	\$ 50,071
Deferred revenue	-	11,564	-
	<u>45,299</u>	<u>72,558</u>	<u>50,071</u>
Net assets:			
Unrestricted	213,456	185,668	137,545
Invested in capital assets	19,786	33,322	47,272
	<u>-</u>	<u>-</u>	<u>-</u>
	<u>233,242</u>	<u>218,990</u>	<u>184,817</u>
Commitments (note 4)			
Contingency (note 5)			
	<u>\$ 278,541</u>	<u>\$ 291,548</u>	<u>\$ 234,888</u>

See accompanying notes to financial statements.

On behalf of the Board:

_____ Directors _____ Directors

CROSS COUNTRY BC

Statements of Operations

Years ended March 31, 2013 and 2012

	2013	2012
Revenues:		
Programs	\$ 277,996	\$ 339,285
Grant revenue	222,371	210,825
Sports development grants	221,082	142,626
BC Gaming Commission	50,000	60,000
Marketing and fundraising	16,967	17,349
Memberships	173,480	160,910
Donations	13,778	102,034
Other revenue	1,456	2,121
	977,130	1,035,150
Expenses:		
Administration	151,720	98,273
Administration centre	67,034	59,442
Athlete development	344,577	405,999
Coaches	152,873	150,715
Coaching development	67,896	48,797
Competitions	18,104	14,999
Division	96,588	87,978
Donations	13,778	94,234
Officials development	4,444	1,387
Sport promotion	34,828	25,203
	951,842	987,027
Excess of revenues over expenses before the undernoted	25,288	48,123
Other expenses:		
Loss on disposal of asset	1,571	-
Amortization of capital assets	9,465	13,950
	11,036	13,950
Excess of revenues over expenses	\$ 14,252	\$ 34,173

See accompanying notes to financial statements.

CROSS COUNTRY BC

Statements of Changes in Net Assets

Years ended March 31, 2013 and 2012

	Unrestricted	Invested in capital assets	2013	2012
Net assets, beginning of year	\$ 185,668	\$ 33,322	\$ 218,990	\$ 184,817
Excess (deficiency) of revenues over expenses	25,288	(11,036)	14,252	34,173
Interfund transfers	2,500	(2,500)	-	-
Net assets, end of year	\$ 213,456	\$ 19,786	\$ 233,242	\$ 218,990

See accompanying notes to financial statements.

CROSS COUNTRY BC

Statements of Cash Flows

Years ended March 31, 2013 and 2012

	2013	2012
Cash provided by (used in):		
Operations:		
Excess of revenues over expenses	\$ 14,252	\$ 34,173
Items not involving cash:		
Amortization	9,465	13,950
Loss on disposal of capital asset	1,571	-
	<u>25,288</u>	<u>48,123</u>
Changes in non-cash operating working capital:		
Accounts receivable	3,816	(20,157)
Inventories	(4,931)	(5,568)
Prepaid expenses	1,764	(4,087)
Accounts payable and accrued liabilities	(15,695)	10,923
Deferred revenue	(11,564)	11,564
	<u>(1,322)</u>	<u>40,798</u>
Investing:		
Proceeds from disposal of capital asset	2,500	-
	<u>2,500</u>	<u>-</u>
Increase in cash	1,178	40,798
Cash, beginning of year	132,274	91,476
Cash, end of year	\$ <u>133,452</u>	\$ <u>132,274</u>

See accompanying notes to financial statements.



**BRITISH
COLUMBIA**

The Best Place on Earth

**Ministry of Community, Sport and Cultural
Development**

**Cross Country BC is the Provincial Sport
Organization for cross country skiing within the
province of British Columbia.**

**We gratefully acknowledge the financial support of the Province
Of British Columbia through the Ministry of Community, Sport
and Cultural Development, with the support of
viaSport British Columbia**